

**REPORT OF THE EVENT**

**NO TOBACCO AWARENESS WEEK CELEBRATION**

**29<sup>TH</sup> MAY TO 3<sup>RD</sup> JUNE 2023**

**CO-ORDINATED BY:**

**DEPARTMENT OF ORAL MEDICINE & RADIOLOGY,  
GOVERNMENT DENTAL COLLEGE & HOSPITAL,  
AHMEDABAD.**

JOIN US FOR



NO TOBACCO  
★ AWARENESS WEEK ★  
CELEBRATION



31ST MAY 2023 | WEDNESDAY @ 11.30 AM  
ORAL MEDICINE & RADIOLOGY DEPARTMENT,  
GOVERNMENT DENTAL COLLEGE & HOSPITAL,  
AHMEDABAD

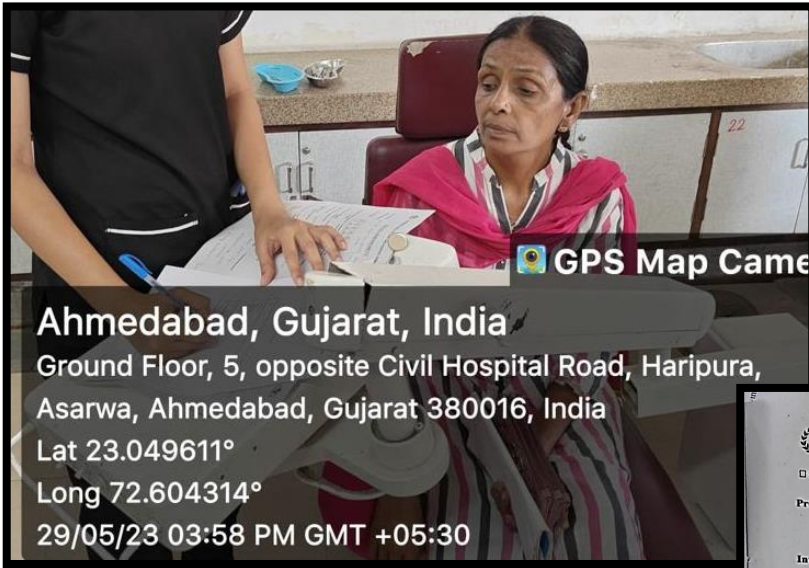
31<sup>st</sup> May is celebrated as “World No Tobacco Day” by World Health Organization (WHO) as an initiative to spread awareness about the harmful effects of tobacco use. As an effort to spread this message of Tobacco Awareness amongst the population, Oral Medicine and Radiology Department at Government Dental College & Hospital, Ahmedabad celebrated “Tobacco Awareness Week 2023” under the able leadership of respected Dean Dr. Girish Parmar and the guidance of head of the department Dr. Jigna Shah. The activity was a grand success under the efforts of staff members Dr. Piyush Limdiwala and Dr. Purv Patel along with all the post-graduate students.

The following activities were conducted during the week:

<b>Date</b>	<b>Day</b>	<b>Activity</b>
29/5/23	Day 1	Mass screening of tobacco related lesions
30/5/23	Day 2	Mass Screening (cont.) Feedback from old cases
31/5/23	Day 3	Audio-visual presentation on “Tobacco – ill effects and cessation awareness” Mass screening (cont.) Motivation (patient to patient) Pamphlet distribution
1/6/23	Day 4	Mass investigations of tobacco associated lesions
2/6/23	Day 5	Deaddiction counselling
3/6/23	Day 6	“No – Tobacco Pledge”

## DAY 1 - MASS SCREENING OF TOBACCO RELATED LESIONS





GPS Map Came

Ahmedabad, Gujarat, India  
 Ground Floor, 5, opposite Civil Hospital Road, Haripura,  
 Asarwa, Ahmedabad, Gujarat 380016, India  
 Lat 23.049611°  
 Long 72.604314°  
 29/05/23 03:58 PM GMT +05:30

**△ Tobacco quid lesion on labial vestibule**  
 GOVERNMENT DENTAL COLLEGE AND HOSPITAL AHMEDABAD

Gingiva and Periodontium:  
 Provisional Diagnosis: *gum plaque & calculus mes*

Investigations Advised:  
 • Haematological: Hb TC DC ESR BT CT DRBS Hb1A<sub>c</sub>  
 • Radiological: IOFA: OPG Occlusal Extra oral/TMJ DRVG  
 • Others:

Remarks: *△ Tobacco quid lesion in lower labial vestibule*

Final Diagnosis: *△ Chronic inv. pulpitis in 76*  
*△ Partially Edentulous Area in 76/2*

Oral Hygiene Instructions and Preventive Measures:  
 Treatment Planning: *△ Chronic gum gingiv*

Adv. to quit Habit + Oral Hyg

Referred To:  
 Conservative Department  
 Restoration  
 Endodontic treatment  
 Cast Restoration  
 Other  
 Oral Surgery Department  
 Extraction  
 Other  
 Prosthetic Department  
 Complete Denture  
 Partial Denture  
 Cast Restoration  
 Others

Initial Assessment Form Consent  
 Patients and family members/rel consultant and referred for further assessment and treatment.

Signature: *Dr. Dairit*

**△ Homogenous leukoplakia - Dr. Dairit (K1)**  
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Gingiva and Periodontium:  
 Provisional Diagnosis: *gum plaque & calculus mes*

Investigations Advised:  
 • Haematological: Hb TC DC ESR BT CT DRBS Hb1A<sub>c</sub>  
 • Radiological: IOFA: OPG Occlusal Extra oral/TMJ DRVG  
 • Others:

Remarks: *△ Homogenous leukoplakia on B/L Buccal Mucosa.*

Final Diagnosis: *△ Traumatic Erosion on left lateral Tongue*  
*△ Partially Edentulous Area in 76/57*  
*62/112*

Oral Hygiene Instructions and Preventive Measures:  
 Treatment Planning: *△ Infected Foot plate 154*  
*Helbit △ Chronic inv. pul 167*

Adv. to quit Habit + Oral Hyg

Referred To:  
 Conservative Department  
 Restoration  
 Endodontic treatment  
 Cast Restoration  
 Other  
 Oral Surgery Department  
 Extraction  
 Other  
 Prosthetic Department  
 Complete Denture  
 Partial Denture  
 Cast Restoration  
 Others

Rx *① A-RFT GEL - ① Topical Appl*  
*② DOLOGEN - ① Topical Appl*  
*③ TAB. M.V.B.C. ①-0-12x7*  
*④ ①-0-12x7*

1346  
 167

Recalled after 7 days Date: 06/06/23  
 Time: 2:00 pm

Initial Assessment Form Consent  
 Patients and family members/relatives are explained in detail about the disease and required treatment by consultant and referred for further assessment and treatment.

Signature: *Dr. Dairit (K1)*

Date & Time: *30/5/23*

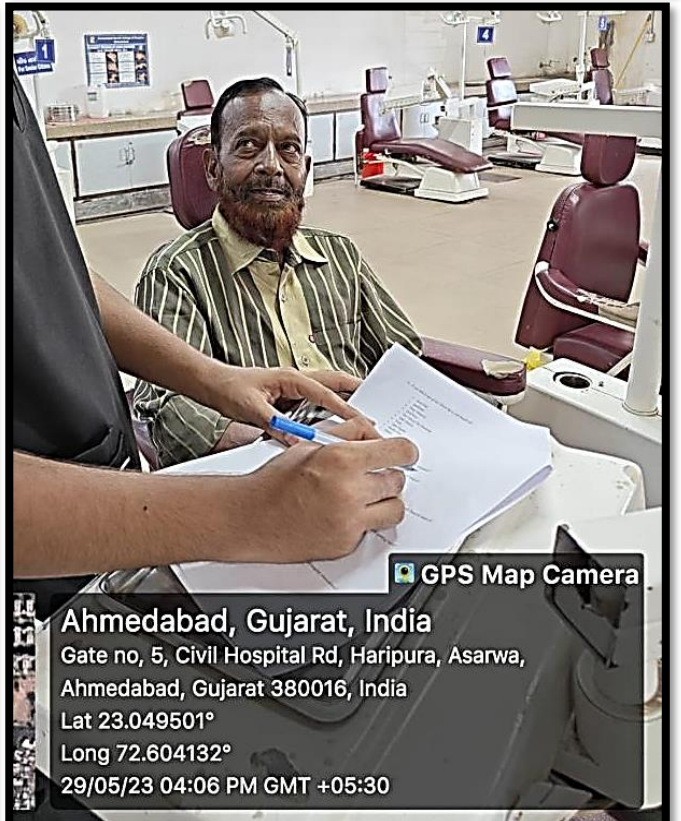
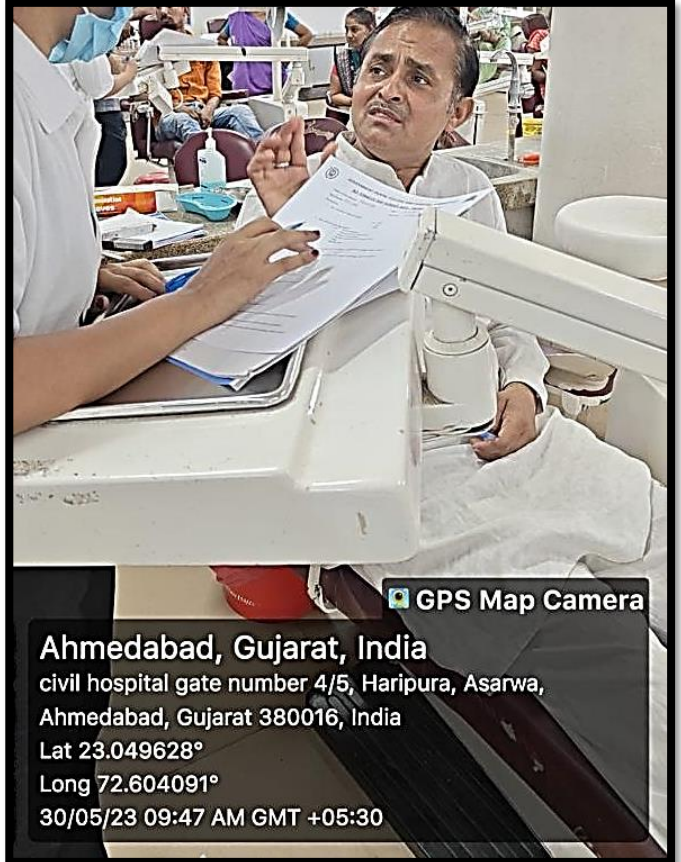
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PATIENT TREATMENT RECORD

Department	Date & Time	Clinical Note	Dr.'s Sign.
Provisional diagnosis:		<i>△ OSMF - Moderate stage</i> <i>△ Homogenous leukoplakia in U/LB</i> <i>△ Chronic Apical periodontitis</i> <i>△ Vertical crack # in 76/57</i> <i>△ Partially Edentulous Area in 76/2</i> <i>△ Chronic gum gingiv</i>	
Tp:	①	<i>O.S. - Extraction</i>	
	②	<i>Perio - Scaling</i>	
	③	<i>Pt. is advised to quit Habit.</i>	
Rx:	①	<i>CAP. Amoxicillin (1-0-1)x5</i>	<i>10</i>
	②	<i>TAB. IBUPROFEN (1-0-1)x5</i>	<i>10</i>
	③	<i>CAP. OMEPRAZOLE (1-0-1)x7</i>	<i>10</i>
	④	<i>TAB. M.V.B.C. (1-0-1)x7</i>	<i>14</i>
	⑤	<i>CAP. RALOCOPENE (1-0-1)x7</i>	<i>14</i>
		<i>Pt. is referred to O.S. Dept. for Needful Treatment.</i>	
		<i>Recalled after 7 days</i>	
		<i>Date: 19/5/23</i>	
		<i>Time: 2:00 pm</i>	

Signature: *Dr. Dairit (K1)*

## DAY 2 - FEEDBACK FROM OLD CASES





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NO TOBACCO DAY SURVEY 2023 - PATIENT SURVEY

Name of the patients: Kulabai Mali Date: 30/5/23

Age/Gender: 55/Female Case No: 22815

Occupation: Housewife

- 1. Do you have tobacco habit : Yes No Quit
2. How did you quit the habit? Self awareness Family/friends motivation Doctor counselling Nicotine replacement therapy(NRT) Yoga Healthy diet
3. Do you know different techniques are available to assist in quitting tobacco habit?
4. Have you heard of any below given technique that helps in quitting tobacco habit? Mobile apps yoga diet altering Behavior modification method psychiatric counselling Nicotine replacement therapy(NRT) medicinal method
5. If yes, do you know how to implement them?
6. Have you heard about Nicotine replacement therapy.?
7. If yes, which one of them Nicotine gum Nicotine patch Nicotine nasal spray Nicotine inhaler
8. Do you know that tobacco is banned in public places.?
9. Do you know that various policies are introduced by government in helping to quit habit.?
10. Do you know that near by people are passively exposed to tobacco when you smoke?
11. Do you know that various apps are available on mobile which helps in quitting tobacco habit?

12. If yes which one given below have you heard of?

- EasyQuit
QuitSure
Stop Tobacco
QuitNow
Get rich or Die Smoking
Quit Genius
Kwit
Quit Tracker
Smoke Free
Others

SECTION II

- 1. Are you aware of different types of tobacco which can be consumed?
2. Are you aware of the local and generalized harmful effects of tobacco?
3. Are you aware of higher cancer risk in patients with tobacco habit?
4. Are you aware that use of tobacco will leads to degradation of quality of family and financial status of a person?
5. Are you aware that every year 31st May is celebrated, as World No Tobacco Day?
6. Are you aware of the fact that dentist and other medical practitioners help victims in quitting habit?
7. Which of the given below government policies are you aware of? Cigarette act 1975 Memorandum issued by cabinet secretary, 1990 Prevention of food adulation act 1990 Cinematograph Act, 1952 Drug and cosmetics Act 1940 Cable television network act 2000 Tobacco product bill 2001 Cigarette and other tobacco product act 2003
8. Have you heard of tobacco de-addiction center in Government dental college and hospital Ahmedabad?

SECTION III

- 1. Are you interested in quitting habit?
2. If NO why so? Fear of failure Lack of support Depression Social peer pressure Weight gain Enjoyment of tobacco



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NO TOBACCO DAY SURVEY 2023 - PATIENT SURVEY

Name of the patients: Rashikbhai Date: 29/05/23

Age/Gender: 58/M Ravet Case No: 22588

Occupation: Job

- 1. Do you have tobacco habit : Yes No Quit
2. How did you quit the habit? Self awareness Family/friends motivation Doctor counselling Nicotine replacement therapy(NRT) Yoga Healthy diet
3. Do you know different techniques are available to assist in quitting tobacco habit?
4. Have you heard of any below given technique that helps in quitting tobacco habit? Mobile apps yoga diet altering Behavior modification method psychiatric counselling Nicotine replacement therapy(NRT) medicinal method
5. If yes, do you know how to implement them?
6. Have you heard about Nicotine replacement therapy.?
7. If yes, which one of them Nicotine gum Nicotine patch Nicotine nasal spray Nicotine inhaler
8. Do you know that tobacco is banned in public places.?
9. Do you know that various policies are introduced by government in helping to quit habit.?
10. Do you know that near by people are passively exposed to tobacco when you smoke?
11. Do you know that various apps are available on mobile which helps in quitting tobacco habit?

Withdrawal symptoms

- 3. If you decide to quit habit completely during next 2 week are you confident that you will succeed?
4. Do you need any help in quitting?
5. Are you confident that you will quit if you receive any help.? PTO
6. What kind of deaddiction method do you prefer to quit habit? Mind game therapy Writing and reading method Engaging with social activities Altering diet Yoga Behavior counselling Nicotine replacement therapy Medicinal therapy
7. If government dental college provide you with treatment, will you come for follow up.?
8. If no what is the reason for it? Work ethics Distance Not comfortable Social pressure Not interested
9. Will you opt for treatment if it is provided through telecommunication with minimal follow up or by referring to nearby centers for the same?
10. Will you encourage other people to quit habit?
11. If yes how would you encourage them? By counselling them personally By bringing them to government dental college and hospital By advising mobile apps By referring them to nearby yoga and wellness center By referring them to nearby community centers By referring them to nearby tobacco cessation center in state By referring them to professional counselling centers

SIGNATURE:

[Handwritten Signature]

**DAY 3 – AUDIO-VISUAL PRESENTATION ON “TOBACCO-ILL EFFECTS & CESSATION AWARENESS”**

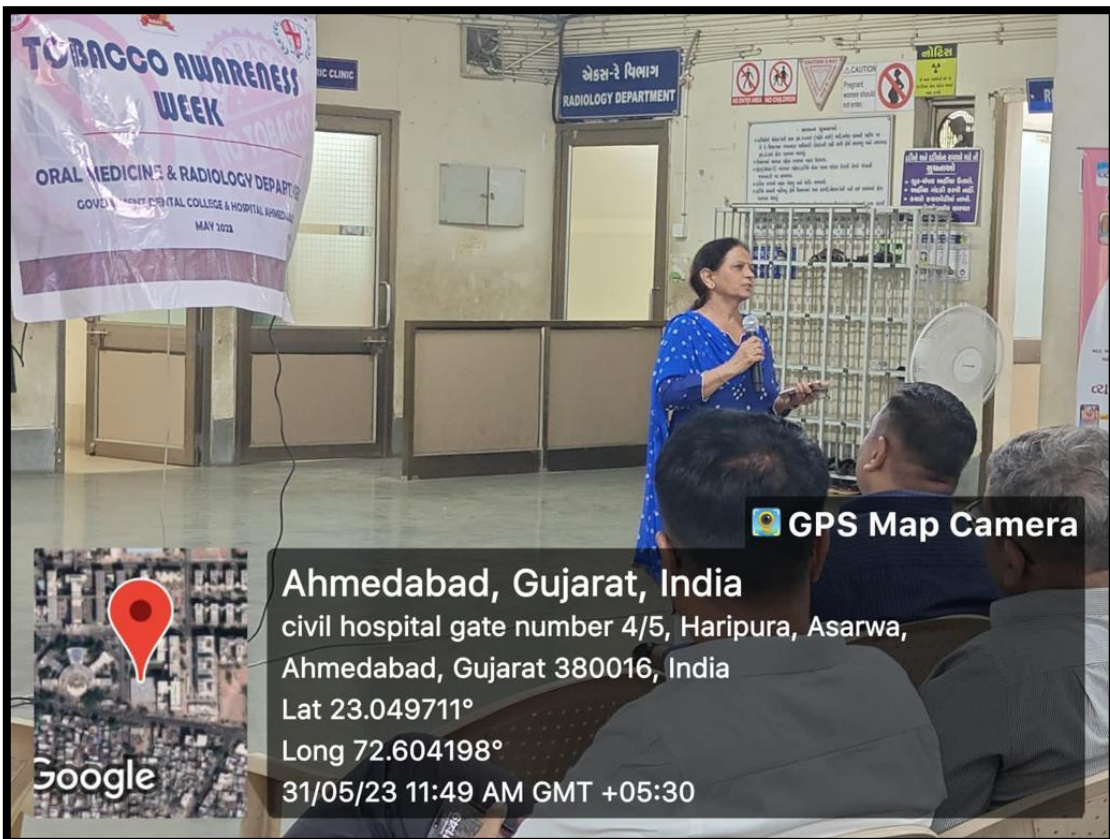




GPS Map Camera



Ahmedabad, Gujarat, India  
civil hospital gate number 4/5, Haripura, Asarwa,  
Ahmedabad, Gujarat 380016, India  
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Long 72.60419°  
31/05/23 11:51 AM GMT +05:30



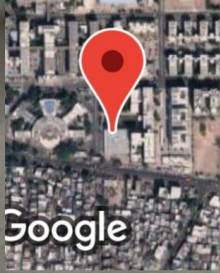
GPS Map Camera



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GPS Map Camera



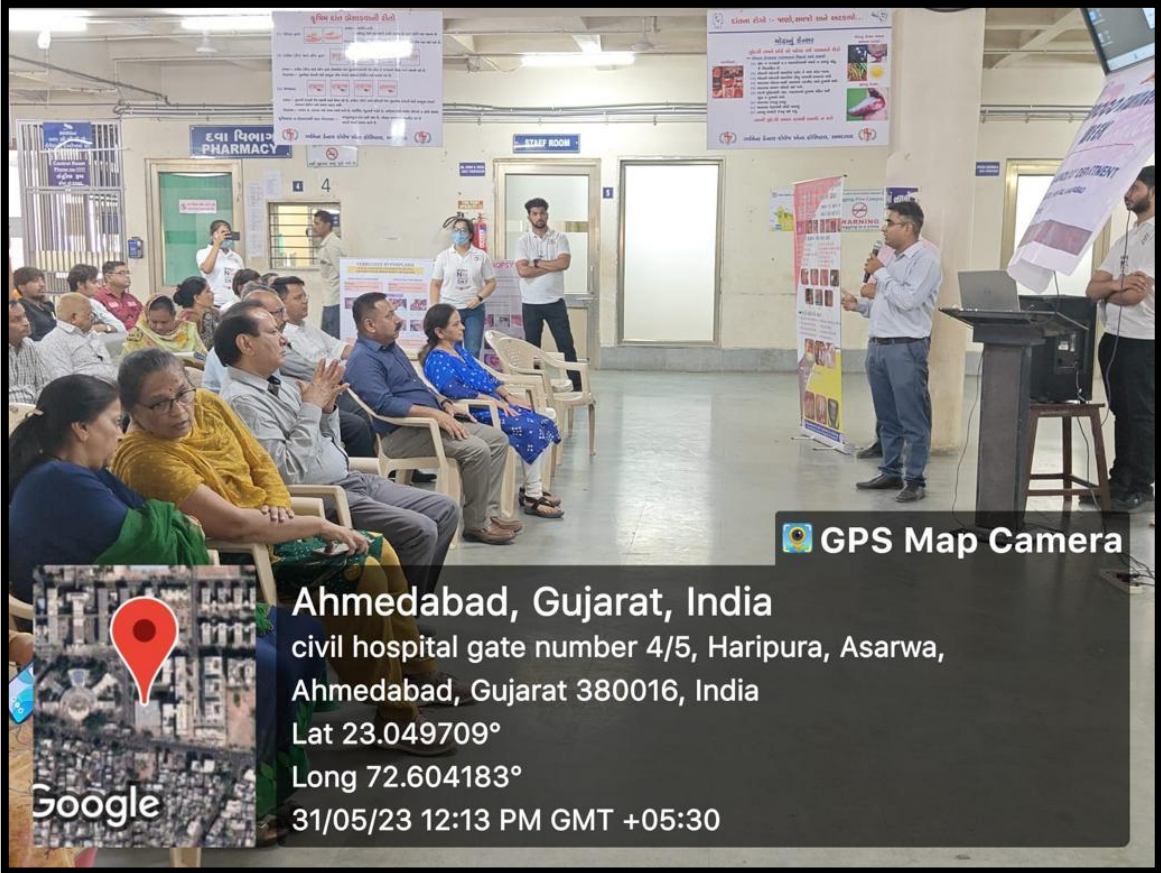
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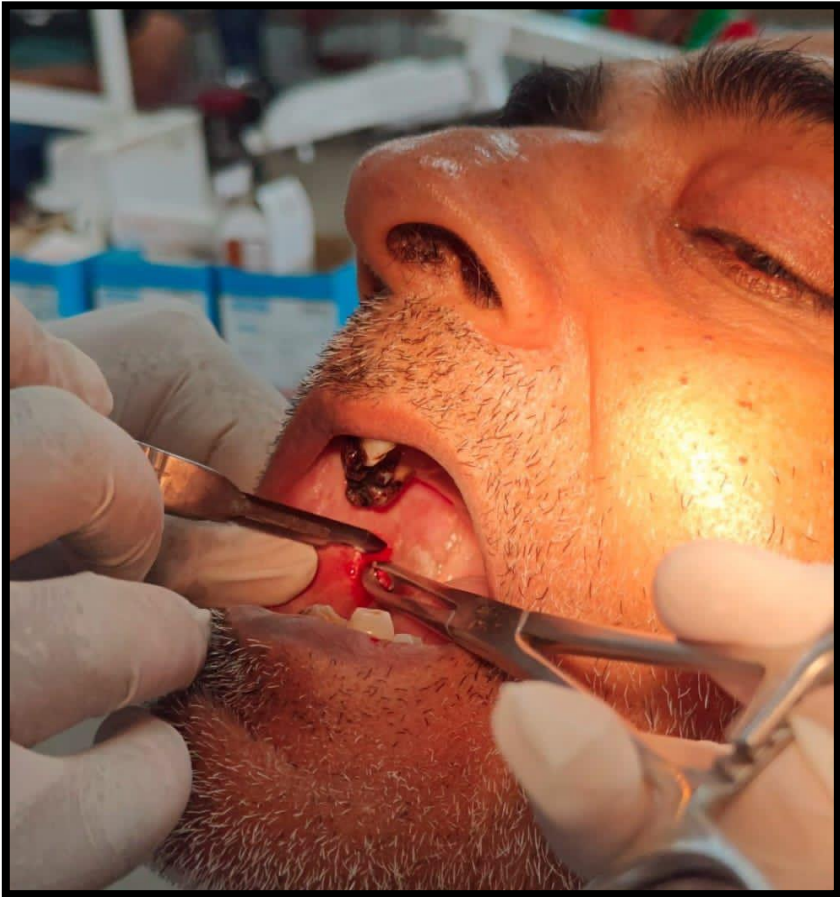
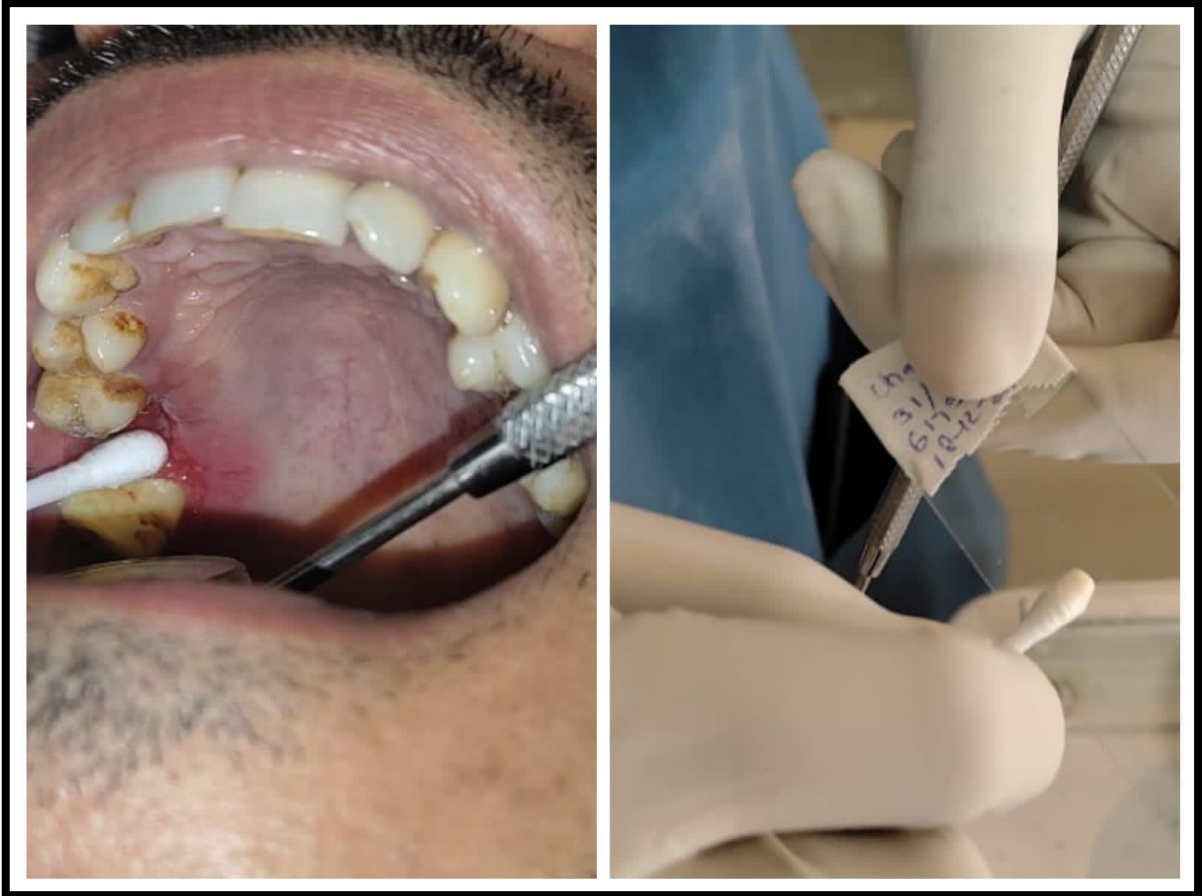
GPS Map Camera



Ahmedabad, Gujarat, India  
civil hospital gate number 4/5, Haripura, Asarwa,  
Ahmedabad, Gujarat 380016, India  
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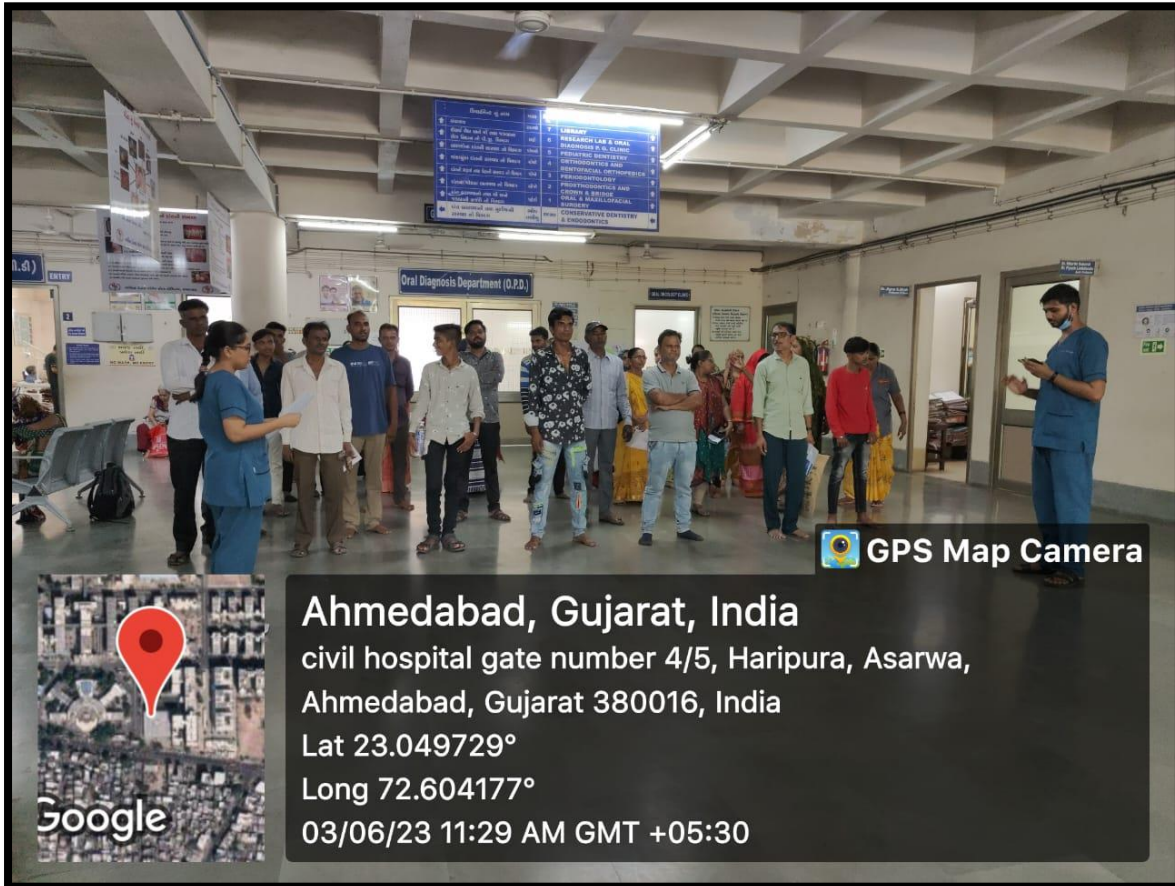
**DAY 4 - MASS INVESTIGATIONS OF TOBACCO ASSOCIATED LESIONS**



## DAY 5 - DE-ADDICTION COUNSELLING



## DAY 6 - NO TOBACCO PLEDGE



# પ્રતિજ્ઞા પત્ર

વ્યસન કેટલું ખતરનાક છે અને તેનાથી થતા ગેરફાયદા વિષે મને આજના દિવસે વિભાગના ડૉક્ટર દ્વારા જાણકારી આપવામાં આવેલ છે.

જે મારા તેમજ મારા કુટુંબીજનોના સારા સ્વાસ્થ્ય માટે જરૂરી છે જેનાથી તંદુરસ્ત સમાજનું ઘડતર થાય છે.

જેથી તમાકુ નિષેધ દિવસે હું પ્રતિજ્ઞા લઉ છું કે હું ક્યારેય પણ તમાકુ કે સોપારીનું સેવન કરીશ નહીં તેમજ તમાકુ/સોપારી નું સેવન કરતા લોકોને આદત છોડવા માટે પ્રેરણા આપીશ.

ઓરલ મેડિસિન & રેડિઓલોજી વિભાગ  
ગવર્નમેન્ટ ડેન્ટલ કોલેજ અને હોસ્પિટલ

31<sup>st</sup> મે (તમાકુ નિષેધ દિવસ)