





# Solve The Unsolved - Menarche To Menopause



**GMC  
CREDIT HOURS**  
4 Workshop  
7 Conference

**ICOG POINTS**  
7 Workshop  
12 Conference



**Final  
Announcement**  
4-5-6 MARCH 2016

Hosted by : The Rajkot Obstetrics & Gynecological Society  
Under the aegis of Federation of Obstetrics & Gynaecological Societies of India(FOGSI)



Dear friends,

We cannot always build the future for our youth but we can build our youth for the future.

Rajkot Obstetrics & Gynecological Society is honored and happy to have privilege of organizing the West Zone Yuva FOGSI 2016 to be held on 4th, 5th & 6th March 2016 at Seasons Hotel (TGB), Rajkot.

Rajkot is the fourth largest city in the state of Gujarat and situated in the middle of the Saurashtra. Rajkot was awarded as The Best city- Law & Order, Best City- Women Safety and Best City –Cleanliness and Sanitation.

A Galaxy of many national faculties will teach us how to deal the problems with every phase of women's life with their vast experience in accordance to the theme of our conference- "Solve the Unsolved - Menarche to Menopause" as Youth is a gift of nature but age is a work of Art.

We will make every effort to make the conference a memorable one with regards to scientific content and hospitality. So we welcome you all in multicultural & colorful city of Gujarat and awaiting your active participation to enjoy our hospitality.



# Faculties

- Dr Aarti Vazirani
- Dr Abha Singh
- Dr Abhijeet Deshpande
- Dr Ajay Mane
- Dr Ajit Nagarsenkar
- Dr Ajit Patil
- Dr Akash Gajjar
- Dr Alka Kriplani
- Dr Alpa Baldha
- Dr Alpesh Gandhi
- Dr Amanpreet Marwah
- Dr Ameya Purandare
- Dr Anand Bhagde
- Dr Anjali Kulkarni
- Dr Anjana Chauhan
- Dr Anjana Verma
- Dr Ankesh Sahetya
- Dr Anupriya Maharshi
- Dr Archana Sharma
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- Dr Arun Nayak
- Dr Asha Rijhsinghani
- Dr Ashish Kale
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- Dr Ashok Naniwal
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- Dr Dilip Kumar Dutta
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- Dr Dipesh Dholakia

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- Dr Garima Kachhawa
- Dr Gayatri Rao
- Dr Gita Guin
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- Dr Jayesh Amin
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- Dr Kartik Savaliya
- Dr Kavitha Gautham
- Dr Kedar Narath
- Dr Keshav Malhotra
- Dr Khushali Gandhi
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- Dr Laxmi Shrikhande
- Dr M C Patel

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- Dr Manish Machhawe
- Dr Manisha Moteria
- Dr Manjiri Valsangkar
- Dr Manoj Chhelani
- Dr Manzer Sahibole
- Dr Mayank Chaudhri
- Dr Mehul Sukhadia
- Dr Minaxi Deshpande
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Dr. Vipul Solanki  
Dr. Bhavin Kamani



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Dr. Umesh Gadhvi  
Dr. Paresh Solanki  
Dr. Satyen Kasabwala  
Dr. Sujal Munshi



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Dr. Dharmish Patel  
Dr. Rukesh Ghodasara  
Dr. Gunjan Javia  
Dr. Manik Gurram



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**Brand Ambassador : Dr. Shivani Gour**

# Pre Conference Workshops

## Obstetric Emergencies

Faculties :	Dr. Rajendra Saraogi, Dr. Mahesh Gupta, Dr. Mandakini Megh, Dr. Niranjan Chavan, Dr. Sheela Mane
Co-Oradimators:	Dr. Kamal Goswami, Dr. Mittal Jadav, Dr. Nirav Garala, Dr. Shailesh Joria
8 am - 9 am :	Breakfast and Registration
9 am :	Welcome note
9.05 am - 10 am :	Caesarian Section - Misgav Technique and stepwise devascularization
10 am - 11 am :	Caesarian Section - various B Lynch sutures, Cho sutures : demo/videos
11 am - 12 pm :	Videos of Difficult C sections : Patwardhan method, tranverse lie, forceps delivery, Vaccum delivery etc
12 am - 1 pm :	Videos of difficult C sections : Patwardhan Method, tranverse lie, forceps delivery, Shoulder dystocia, IPV etc
1 am - 2 pm :	LUNCH
2 - 4 pm :	Post Partum Haemorrhage - sequential Medical and Surgical Management - Drill - Hands on Models / various stations for procedures
4 - 5 pm :	Interesting case discussion
5 pm :	Vote of Thanks

(Date : 4th March 2016, Venue : Flowrence Hospital, Rajnagar Chowk, Rajkot)



## VAGINAL SURGERIES

Faculties :	Dr. Shirish Sheth, Dr. Vineet Mishra, Dr. Ramkrishna Purohit, Dr. D Dholakiya, Dr. Hara Pattanaik
Co-Oradimators:	Dr. Beena Trivedi, Dr. Dharmish Patel, Dr. Rukesh Ghodasara, Dr. Gunjan Javia
8 am - 9 am :	Breakfast and Registration
9 am :	Welcome note
9 am - 1pm :	Live Surgeries : 1, VH in case of fibroid uterus 2, Sul surgey 3, Vh in case of scarred uterus 4, VVF repair
1 pm - 2 pm :	LUNCH
2 pm - 5.30 pm :	LIVE SURGERIES : 1, VH in case of endometriosis / adhesions 2, Vaginoplasty 3, Vault prolapse / sacropinous fixation 4, Old CPT repair
5.30 pm:	Vote of Thanks

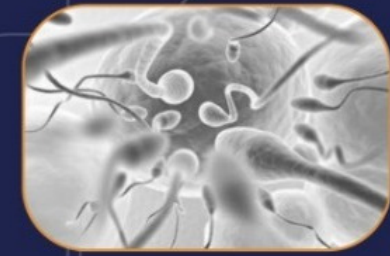
(Date : 4th March 2016, Venue : Jalaram Hospital, Amin Marg, Rajkot)



## Infertility (ifv & Icsi Proceedures)

### Infertility (IFV & ICSI PROCEEDURES)

Faculties : Dr. Manish Banker, Dr. V M Thomas, Dr. Vineet Malhotra, Dr. Keshav Malhotra  
Co-Ordinators : Dr. Hetal Modha, Dr. Darshan Sureja, Dr. Jayesh Amin, Dr. Dhaval Gorasia  
8 am - 9 am : Breakfast and Registration  
9 am - 11am : Male Infertility  
9 - 9.30 am : Oligoasthenospermia and Azoospermia  
9.30 - 10.30 am : Live Surgeries : PESA, TESA  
10.30 - 11 am : Semen preparation : swim up & density gradient method  
11 am - 12 pm : Stimulation Protocols  
1, Long and short protocols 2, Antagonist Role 3, Live Ovum pick up & complications of pick up  
12 pm - 1 pm : Oocyte cumulus complex(OCC) identification & Ova denudation  
1 pm - 2 pm : LUNCH  
2 pm - 2.30 pm : IVF procedure & ICI procedure  
2.30 pm - 3 pm : Embryo Transfer(ET) procedure  
3 pm - 3.30 pm : Embryo Freezing OR Virtrification  
3.30 - 4.30 pm : Case discussions and interaction with audience  
4.30 pm : Vote of Thanks  
(Date : 4th march 2016, Venue : Hotel Fortune, 150ft Ring Road, Nr Gondal Bypass.)



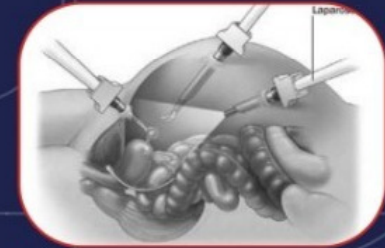
## Foetal Medicine

Faculties : Dr. S Suresh, Dr. Pratima Rashakrishnan, Dr. Asha Rijshinghani  
Co-Ordinators: Dr. Maryank Choudhary, Dr. Reeta Hingrajia, Dr. Kartik Morjaria  
8 am - 9 am : Breakfast and Registration  
9 am : Welcome Note  
9.05 - 9.20 am : Role of foetal medicine expert in present scenario  
9.20 - 11.30 am : First Trimester Screeing :  
9.20 - 9.50 am : (A) Recent advances in screening  
9.50 - 10.20 am : (B) Anomalies derectable in 1st trimester  
10.20 - 10.50 am : (C) Biochemical and soft markers : Interpretation and clinical correlation  
10.50 - 11.30 am : (D) Live demo :  
11.30 - 12.30 am : Interventional USG : Role and importance  
12.30 - 1.30 pm : Obstructive Uropathies  
1.30 - 2.30 pm : LUNCH  
2.30 - 3.30 pm : Justifying colour Doppler : Is it really useful?  
3.30 - 4.30 pm : Foetal Echo : Common anomalies detected - what next ?  
4.30 - 5.30 pm : Interesting case discussion:  
5.30 pm : Vote of Thanks  
(Date : 4th March 2016, Venue : Lotus Banquet Hall, Center Point Building, Karansinhji Road)



## Laparoscopic Surgeries

Faculties : Dr. Alka kripalani, Dr. Prakash Trivedi, Dr. P G Paul, Dr. Parul Kotdawala, Dr. Sanjay Patel  
Co-Oradimators: Dr. Pravin Kanani, Dr. Umesh Gadhvi, Dr. Paresh Solanki  
8 am - 9 am : Breakfast and Registration  
9 am : Welcome note  
9 am - 1 pm : Live 3D Surgeries:  
1, TLH in scarred uterus  
2, TLH in multiple fibroids uterus  
3, Laparoscopic Myomectomy  
4, TLH in Endometriosis  
5, Endometriosis: adhesiolysis and chocolate cyst removal  
1 pm - 2 pm : LUNCH  
2 pm - 5 pm : Live 3D Surgeries :  
1, Tuboplasty  
2, Vault Prolapse (sacrocolpopexy)  
3, Wertheims operation  
4, Optimizing Laparoscopic setup  
5, Complication and management videos  
5 pm : Vote of Thanks  
(Date : 4th March 2016, Venue : Cancer Hospital, Raiya Road, Rajkot)



# Scientific Program - Day 1 - 5<sup>th</sup> March

Hall	Hall Obstetrics	Hall -Gynaec	Hall – Infertility
SESSION :1	Symposium		
09.00 to 10.00 am	Operative Deliveries	Medicolegal	Interpretation and what Next?
09.00 to 09.15 am	Forceps-Ventouse today	PC PNDT Updates	Semen Analysis
09.15 to 09.30 am	LSCS-Safe & Standard Technique	Ethics in practice	AMH
09.30 to 09.45 am	C.P.T.Repair	Practical Medicolegal Aspects in Ultrasound Reporting	Hysteroscopy
09.45 to 10.00 am	Shoulder Dystocia	OT Check List	Thin Endometrium
SESSION : 2	Panel Discussion		
10.00 to 10.45 am	Subject USG in Antenatal Period	Subject Hysterectomy	Subject Ovulation Induction
SESSION : 3 10.45 to 11.45 am	Keynote		
10.45 to 11.05 am	Antenatal Care	Breast Lump How To Proceed	Laparoscopic Management of Deep Infiltrating Endometriosis
11.05 to 11.25 am	Role of Cell Free DNA in Fetal Aneuploidy Screening	Chronic Pelvic Pain	Managing Recurrent IVF Failures
11.25 to 11.45 am	Operative Deliveries	Vaginal Rejuvenation; Where We Stand	IUI
SESSION : 4	Panel Discussion		
11.45 to 12.30 pm	Subject LSCS	Subject Adenaxal Masses	Subject Endometriosis
SESSION : 5 12.30 to 12.45 PM	Inauguration		

Hall	Hall Obstetrics	Hall -Gynaec	Hall – Infertility
SESSION : 6 12.45 to 01.30 PM	ROGS Oration :: Endoscopy in BOH		
SESSION : 7	DRUG UPDATE		
01.30 to 01.45	FOGSI consensus of Statement for usage of Progesteron in early pregnancy loss	Dinogest in Endometriosis	Water Soluble Projesteron - Any Advantage?
01.45 to 02.30 pm	LUNCH		
SESSION : 8	PG Quiz	Debate	Debate
02.30 TO 03.30 PM		Oligo L-arginine Yes / No Moderator	PCOD Drilling v/s Medical Moderator
		CS – On Demand Yes / No Moderator	Metformin V/S Myoinositol
		M.T.P. – Medical Vs Surgical	HSG v/s Laparoscopy
SESSION : 9 03.30 to 04.30 pm	Symposium		
Subject	Pregnancy Problems	Uro Gynec	Female Infertility
03.30 to 03.45 pm	First Trimester Bleeding	Fistula	Hyperprolactenemia & Infertility
03.45 to 04.00 pm	Third Trimester Bleeding	Sling in SUI	Uterine Factors
04.00 to 04.15 pm	Ectopic Pregnancy Management	Vault Prolapse Management	Unexplained Infertility
04.15 to 04.30 pm	Oligohydroamnious What Next?	Blader Injury	Tubal Factors
SESSION : 10		Panel	
04.30 to 05.15 pm	Subject - Obstetric Emergencies	Subject - Adolescent	Subject - PCOS

# Scientific Program - Day 2 - 6<sup>th</sup> March

Hall	Hall Obstetrics	Hall -Gynaec	Hall – Infertility
SESSION :11	Symposium		
09.00 to 10.15 am	Inside the Labor Room	Mix Bag	Video Presentation
09.00 to 09.15 am	Painless Labor	O.T.Setup in Endoscopy	Faculties 1. TCRE 2.Complication of Electrosurgery 3. Lap Uterine Artery Ligation at Origin 4.Urogyne 5. Laparoscopic Burch Colposuspension
09.15 to 09.30 am	P.P.H.	Energy Sources	
09.30 to 09.45 am	Intrapartum Monitoring	Troubleshooting in Endoscopy	
09.45 to 10.00 am	Amniotic Fluid Embolism	Post Operative Problems	
10.00 to 10.15 am	Adherent Placenta Diagnosis and Management	Anemia Awareness & Prophylaxis in Adolescent	
SESSION :12	Panel Discussion		
10.15 to 11.00 am	Obstetric Vasculopathies:New challenge for the young Obstetricians	Medico Legal Issues	Endocrinology in Infertility
SESSION :13	Keynote Address		ICOG Session
11.00 to 11.20 am	RPL	Primary Amenorrhoea	New Innovative Technique to Prevent PPH from Uterine Atony and Placenta Preia
11.20 to 11.40 am	HELLP Syndrome	Dilemma in Genital TB	Preterm Labour Management
11.40 to 12.00 pm	Preventing Eclampsia	Obesity in Teens	Step by Step VH
SESSION : 14	Symposium		
12.00 to 01.00 pm	Medical Disorders in Pregnancy	Preventive Gynecology	Fertility Enhance Surgeries

Hall	Hall Obstetrics	Hall -Gynaec	Hall – Infertility
12.00 to 12.15 am	GDM	How & Why you set up a Colposcopy clinic?	Lap.Myomectomy
12.15 to 12.30 am	Cardiovascular Disease in Pregnancy	PREVENTIVE SURGERIES	Operative Hysteroscopy
12.30 to 12.45 am	Rh Isoimmunisation	Pep's Smear Where it stands	Lap Recanalization
12.45 to 01.00	Thyroid Disorder in Pregnancy	Cervical Cancer Vaccine	Endometriosis Surgery In Infertility
SESSION : 15	Dr. Kamini Rao Oration		
01.00 to 01.45 PM	Bridging Gapes in Woman Healthcare Preventing the Preventable		
LUNCH			
SESSION : 16	Symposium		
Subject	Mix Bag		Mix Bag
02.30 to 02.45 pm	Labour Inducion and Hypertension in Pregnancy		Emergency Contraception
02.45 to 03.00 pm	Induction of Labour in Hypertensive Woman Result of Ramdomized Trial Comparing the Foley Baloon Catheter with Oral Misoprostal		Post Partum Contraception
03.00 to 03.15 pm	Cost Effectiveness of Misoprostal and Foley Catheter for Labour Induction in Hypertensive Woman		Mitochondri Injection in Ageing Oocytes
03.15 to 03.30 pm			Embryo Freezing
SESSION : 17 03.30 to 04.00 pm	Valedictory Function		

# Gala Dinner & Entertainment Programme

## Surprise Performances

Date : 5<sup>th</sup> March 2016, 8 p.m.

**Musical Melows**  
Orchestra by Raju Trivedi

**Singers**

Sonal Gadhavi  
Rupali  
Rafiq Jariya  
Jayant Gajjar

**Dress Code : Traditional**



# Date, Venue & How to Reach

## Date

4<sup>th</sup>, 5<sup>th</sup> & 6<sup>th</sup> March 2016.

## Venue

Seasons Hotel (TGB),  
Kalawad Road, Rajkot.



## How to Reach



## Shopping Guide

### Yagnik Road

Located in the heart of Rajkot, Yagnik Road is the nerve center for shoppers as it has a wide range of branded gold and diamond jewelry, clothes, electronic devices and computer peripherals outlets. It's also the home of Rajkot's Corporate offices and luxury hotels.

### Kalawad Road

Kalawad Road is the most glorified road of Rajkot. It is surrounded by posh residential societies and business Hub. View of heavenly architected Swaminarayan Temple on this road is like a Kohinoor diamond on a tiara.

### 150 ft Ring Road

150 ft ring road is not mere a road encircling Rajkot city connecting Gondal, Jamnagar and Morbi but is also one of the rapidly developing into city's largest market for brand new cars and second hand cars. The road is turned into an education zone where one can find good number of school with high quality education throughout process. It is also known for Malls positioned i.e. Iscon Mall and Reliance mall. The road is flanked by some of the best buildings of the city resulting into the sky shooting increase in prices of Real Estate.

### Soni Bazaar

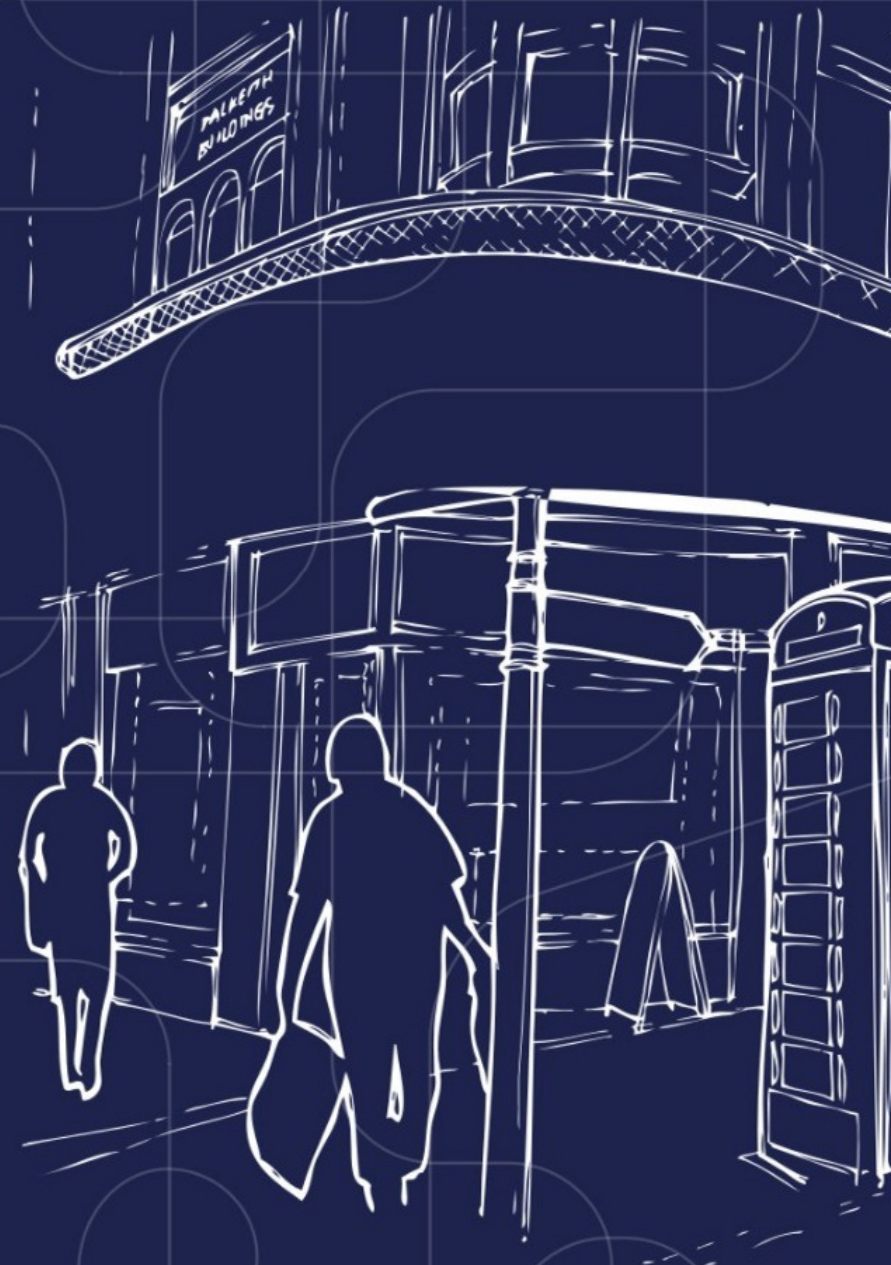
(As the name suggest, Soni Bazaar is renowned for its Gold jewellery showrooms, with patrons all over the world. The market serves varied class of customers by providing jewellery of traditional, modern and contemporary jewellery design.

### Amin Marg

The road travels parallel to Kalawad road. It has many stores for gift items, florists, fast food joints, super markets and garment outlets.

### Crystal Mall

Crystal Mall, one of the best and biggest mall in the city is at most happening place in Rajkot city - Kalawad road. There are more than 50 outlets selling everything from Essence stick to high fashion. The mall is anchored by Croma, D-mart Hypermarket and Globus. For entertainment there is also a 3 screen Multiplex Cinema on second floor & third floor known as 'Big Cinema'. Those who are looking for accessories will love the store 'Accessories'. There is a good mix of designer boutiques and high street brands in the mall and shops range from the reasonably priced to the more exclusive class. Sporty type has also their choice satisfied as the mall has a very advances and well equipped Gym.





#### **Astron Road**

Astron Road is known for its branded footwear and clothes stores. It is also known for digital color labs. This road is Paradise for cell phones buyers. This part of the town has many hospitals and consulting rooms.

#### **Dharmendra Road**

Dharmendra Road is the Rajkot's main market with a wide range of economic and luxurious traditional clothing, modern clothing, grocery, dry fruits, perfumes, crockery, shoe shop, stationery shops, toy shops, tea wholesalers, curtain and tapestries shops, vegetables and fruit market i.e. all major domestic items.

#### **Lakhajiraj Road**

It's Famously known for the wide range of traditional garments such as chaniya-choli, sarees, sararaa etc. and the same manner it has diversified range of shops for men's wear as well. It also has numerous showrooms for clothing materials.

#### **Crystal Mall**

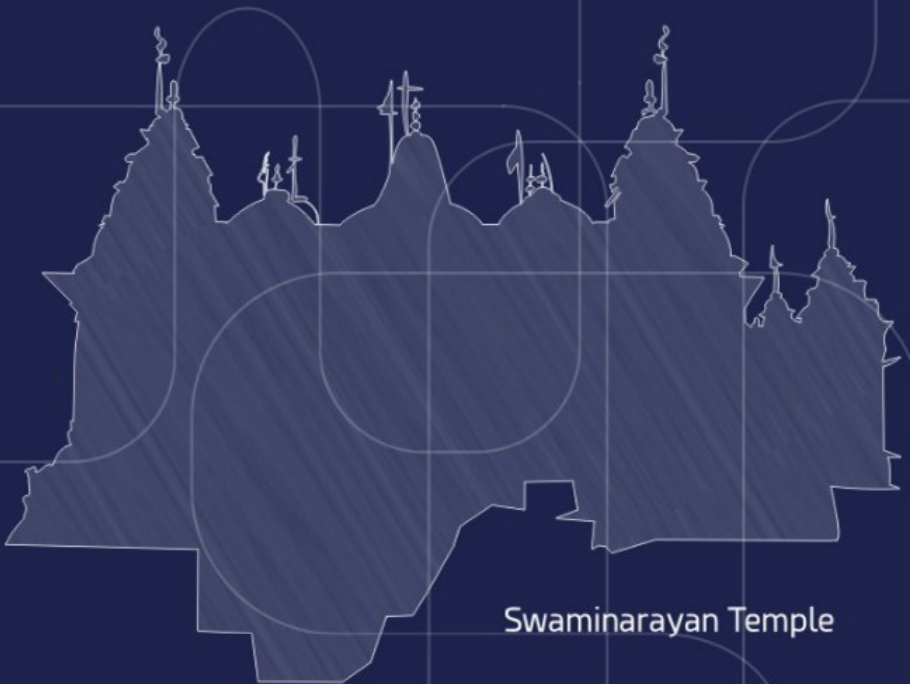
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#### **Gundawadi**

Is one of the best places to find a bargain. The area is best known for bargain of wedding accessories, imitation jewellery, readymade garments, foot wear, decoration accessories, other novelty items, domestic goods, vegetable market and renowned roasted peanuts shops.

#### **Iscon Mall**

A Place for brand freaks. You will find wide variety of branded showrooms like Pepe, Levis, Spyker, Pantaloons, Color plus, Big Bazar, Cantabil etc. It also has Jewellery, gift articles, footwear showrooms.



Swaminarayan Temple



Aji Dam

## Surrounding Tours

### DWARAKA

Dwaraka is of mythological importance as it was the capital of Lord Krishna to where he had migrated from Mathura region. The original Dwaraka and four other Succeeding it, are supposed to have been submerged by the sea. The present Dwaraka is the sixth city on the site. It is a sacred place and centre of pilgrimage for Hindus because of its association with Lord Krishna. Here Lord Krishna's birthday Janmashtami is celebrated with great religious fervor and gaiety. Adi Shankaracharya established the 'Dwaeaka Peeth' for spreading the message of the Hindu gospel 'Ramayana' in Dwaraka. The great mystic Narsinh Mehta, Mirabai and the great saints Kabir and Nanak have also visited Dwaraka.

### Pirotan Island

Pirotan Island is an Arabian Sea island in the Marine National Park, Jamnagar District of Gujarat state, India. It is located 12 nautical miles (22 km) off the coast (Bedi Port), consists of mangroves and low-tide beaches and has an area of 3 square kilometres. Rozi island is located about 10 kilometres to the southeast.

### SASAN GIR

Sasan Gir Lion Sanctuary, which lies on the southwestern fringes of the Saurashtra Peninsula (west-central India), is the last home of some 300 Asiatic lions. It was created in 1913 to protect the largest surviving groups of the asiatic lions. It was given a sanctuary status in 1965. Close to being an extinct species, the number of Asiatic lions has been steadily rising since 1980 in this safe haven. The vegetation in the area consists of teak with a mixture of deciduous trees, including sal (Shorea), dhak (Butea fremdosa), and thorn forests. The terrain is rugged with steep rocky hillsides. A few springs also exit, but their flow is rather eccentric depending upon the season.

### SOMNATH

This temple is believed to be one of the twelve Shiv jyotirlingas. It is dedicated to Siva. It has an interesting legend about why and how it was built. It was built by the moon god or Soma in agreement to the curse that king Daksha put on him. He is said to have loved Rohini more than his other wives who incidentally were also Daksha's daughters. Due to the curse the moon began to fade and Daksha advised Soma to visit the Prabhas to get rid of the curse. Somnath etymologically mean the lord of the moon.

### White Desert (Kutch)

Kutch literally means something which intermittently becomes wet and dry; a large part of this district is known as Rann of Kutch which is shallow wetland which submerges in water during the rainy season and becomes dry during other seasons. The same word is also used in the languages of Sanskrit origin for a tortoise. The Rann is famous for its marshy salt flats which become snow white after the shallow water dries up each season before the monsoon rains.

### DIU

The Union Territory of DIU (& Daman) once upon a collective union territory of Goa, Daman & Diu, an island in Arabian sea kissing the saurashtra peninsula has a beauty of more than 10 sea beaches at their best. Long held by Portuguese the effect of Portuguese architecture is clearly visible here. An exotic getaway, Diu may provide you best of fun & frolic with nature at its best.

# Important Contacts

## Registration Queries

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