

Homeofragment

Quarterly Medical Bulletin
Issue No. 3, December, 2023



Advisors

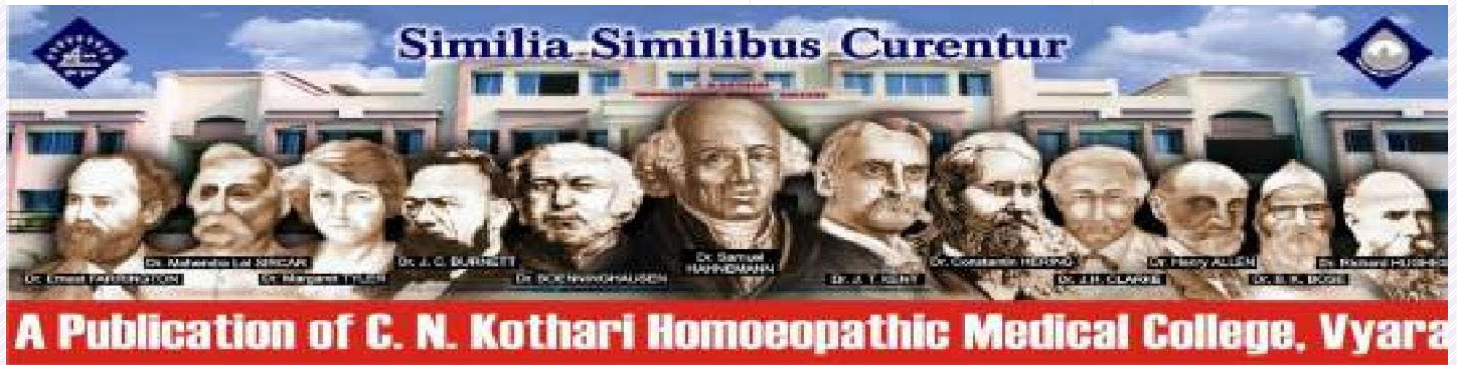
Dr. Ajay K. Desai
Dr. Ghanshyam D. Raval
Dr. (Mrs) Jyoti R. Rao

Editor in chief

Dr. Asfaque S. Amla

Editorial Board

Dr. Tushar Dhimmer
Dr. Richa Upadhyay
Dr. Kirti R. Soni



Case of Polycystic Ovarian Disease

Date: 01-07 2019

Name: XYZ

Age: 40 yrs

Sex: Female

Address: KAPS Township Anumala

Chief Complaints: scanty menses: blood sometimes clotted, sometimes watery, non offensive.

- Flow Less, lasting for one day.
- Irregularly regular
- Pain in abdomen before menses++

Associated Complaint: H/O cold/ coryza

- <in warmth, evening, night
- >in open air, cold air

Past History: H/o Delayed puberty

Family History: No any major complaints.

Personal History: Appetite: Good

Thirst: very Less.

Urine: Burning urination

Stool: 2-3 times daily

Desire: nothing specific

Aversion: oily food+++ , any warm things butter.

Sleep: sound, no complaints.

Sleep Position: hands over head.

Obstetric History: 2 children, normal delivery

Gynecological history: Menses - as above

Leucorrhoea - acrid, burning with pain in back.



Dr. (Mrs.) Jyoti R. Rao
M.D., Ph.D. (Hom),
Principal & Professor
Physiology & Biochemistry
C.N.K.H.M.C.&R.C., Vvara

Mentals: Very fearful fears to stay alone. Weeps easily (+++) and feels better when consoled. Oversensitive (+++). Very shy (++).

investigations: CBC& ESR

USG (abd).

Provisional Diagnosis: ovarian cyst.

Totality of Symptoms:

- Weeps Easily > by consolations
- Oversensitive
- Aversion oily food
- Thirstless
- Menses : scanty , changeable
- < warmth
- > open air

Prescription:

- Pulsatilla 30 Ö 4 doses
Weekly one dose
- Oophorium 6
TDS Ö 1month.

Follow up:

Date: 23-08-2019

- Complaints as it is but Patient Feels good.
Rx
Pulsatilla 200 single dose
Sac lac Ö3month.TDS

Date: 18-02-2020

- Started getting relief in complaint
Rx
ct all Ö 3month

Date: 20-05-2020

- Much better
ct all Ö 3month

Date: 20-09-2021

- investigations: to repeat USG (abd)
USG (abd) done on: 24/8/2021
Simple cyst: 3.2 Ö 2.5 cm noted (decreased in size)

Date 25-10-2021

- Rx
Pulsatilla 200 drop
Oophorium 6 TDS 1month

Date : 20-01-2022

- Patient much better with respect to complaint menses getting regular
Rx
Pulsatilla 1M Single dose
Sac lac Tab Ö 3month.

Date: 01-01-2023

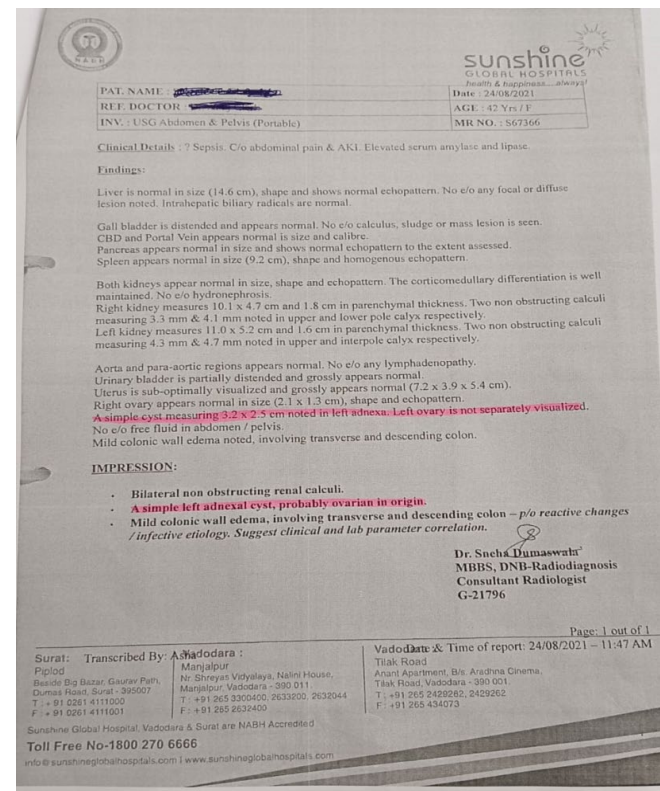
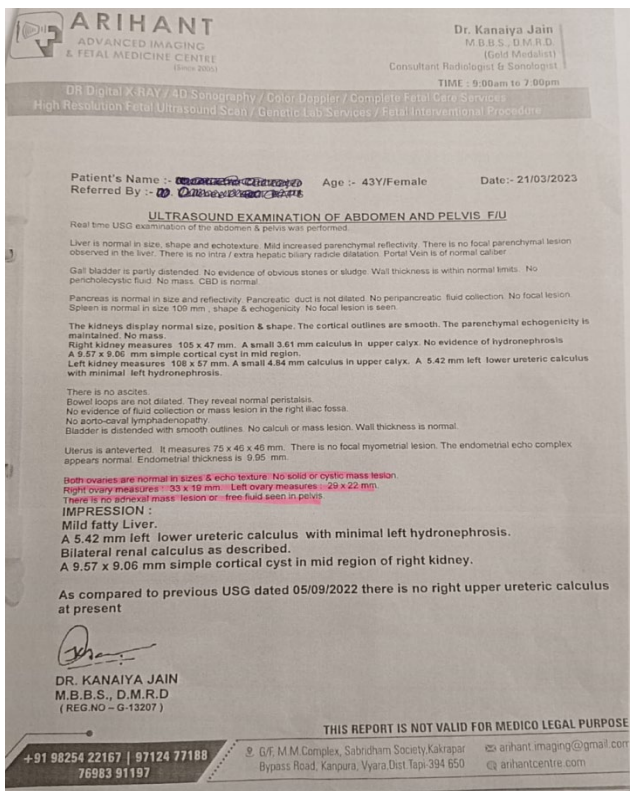
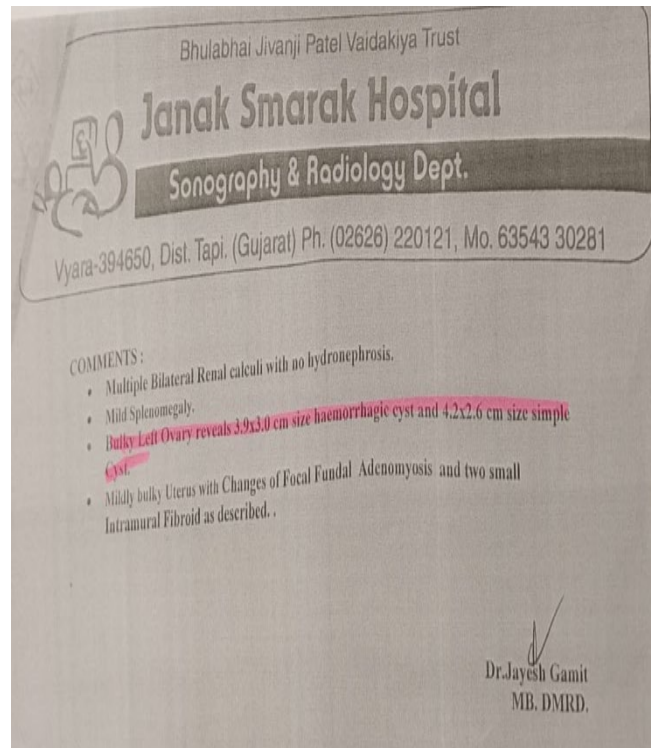
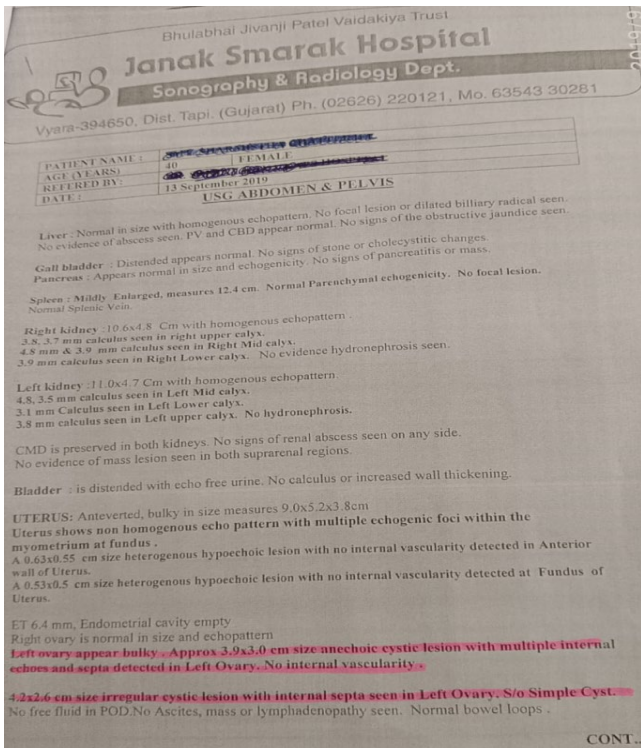
- Patient directly came on 1st Jan 2023 with no complaints. Menses flow moderate and regular.

Rx
Pulsatilla 1M – single dose repeated
Sac lac 4-4-4 Ö 2 month.

Date: 21-03-2023

➤ Patient came after USG (abd) done by herself on 21/3/2023.
No cyst.

Treatment: sac lac Ö 3month



Case

Name: Mrs. XYZ

Age: 25 years

Occupation: Beauty Parlour

CHIEF COMPLAINTS: Calf muscle pain

She is having complaint of Irregular menses since puberty. Menses appears for 2-3 days in 3-6 months.

CHARACTER OF BLOOD: Brown, Scanty, Clotted+, Offensive+
Along with this, she is also having Dysmenorrhoea, Leucorrhoea and Mastalgia All this complaints are worse before menses ++

ASSOCIATE COMPLAINT:

- Backache
- Burning sole

PAST HISTORY: Typhoid in childhood

PHYSICAL GENERAL:

- Appetite : 3 times/day, can tolerate
- Thirst : 7-8 glasses/day – cold water
- Desire : Sweet ++, Sour ++, Icecream ++, Cold drink +++, Spicy ++, Fried food +++ (strong taste), Pungent food ++
- Aversion : Bread ++, Milk ++
- Disagree : Sour food, as it causes Acidity & Retrosternal burning
- Perspiration : Axilla ++, Face ++
- Stool : 2 times/day, desire for stool after intercourse +++
- Urine : Sometimes burning ++
- Thermal : Chilly but
Headache < Sun ++, Thunderstorm ++
Headache causes Vomiting which is sour & acidic....

MENTAL:

ANGER:

Occasionally.... Koi mane nahi to.... Baki to shant swabhav, khijau ochhu, hasau vadhare.... Jevi vyakti hoi te rite rahevanu, khoti magajmari nahi.

ANXIETY:

- Bimari ne lidhe Pregnancy ma koi problem nahi thai ne?? Evo thodo darr chhe....
- Anxiety about Work ++

FEAR:

- Varsad no Vavajoda no.... Dhabkara vadhva lage, mne sambhaday k hraday upadi gyu chhe... vijadi thai etle zabki jau...
- Koi jor thi bole k awaj aave to pn zabki jau.... Koi khrab samachar aave to pn darri jau, darr vadhare chhe.



Dr. Pankaj Lathiya
M.D.(Hom),
Associate Professor,
Dept of Community Medicine

- Andhara ma darr lage, rate khas.
- Vanda no darr lage. Marelo hoi to pn baju ma na jau.
- Pati moda aave to pn evu thai k kai thyu hse...??? Accident???
- Sapna pn darr wala j aave.

DREAMS:

- Motu paxi aavyu hoi mari pase ane hu dodati hou.... Help mangati hou...
- Ghar ma pani aavi jay.... ame pani kadhta hoie...
- Bhukamp nu aave, hu dodati hou...

Vadhare padta sapna ma hu dareli j hou, tya ungh udi jay, zabki ne....

WEEPING:

Koi khijvai to radvu aavi jay, ekli hou tyare radi lau Marriage ne 4 month thya to kyarek yad aavi Jay ...

INCIDENT:

Engagement – 2 times broken.... Pn atyare saru chhe etle vdhare yad na aave k afasos nthi....

IPR: Good with all members

TOTALITY OF SYMPTOMS :

- Fear – Worse at night
- Fear – Something will happen.... Easily frightened, easily startled
- Fear – Bad news
- Fear – Dark
- Dreams – Frightful
- Palpitation after thunderstorm
- Anxiety – Work about
- Weeping when alone
- Desire : Fried food (strong tasty things)(Pungent)(Fish or Egg)
- Desire : Icecream
- Desire : Cold drinks
- Aversion : Bread, Milk
- Chilly patient
- Acidity < Sour food +++
- Rectum – urging desire after coition
- Headache – during thunderstorm
- Vomiting – Sour (Acidic) – Headache during
- Irregular menses – late menses
- Dysmenorrhoea < Before menses
- Mastalgia < Before menses
- Leucorrhoea < Before menses

REMEDY:

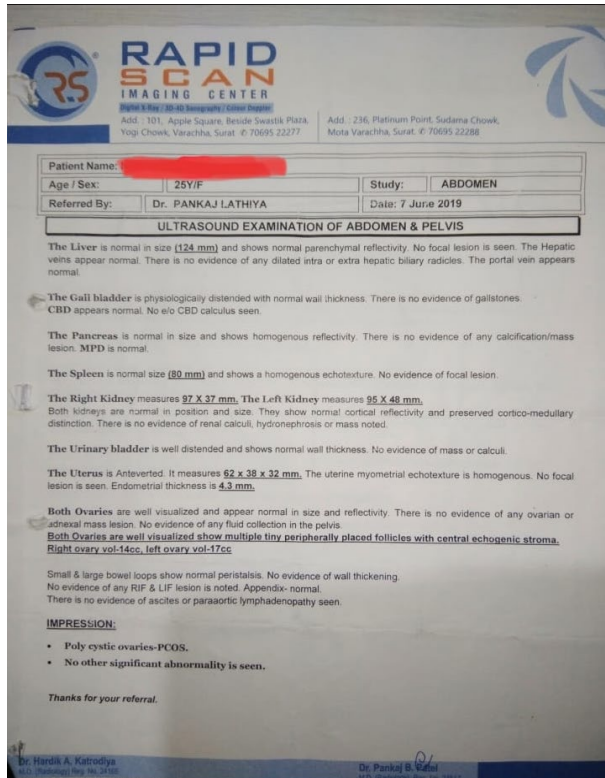
IR: Thuja 200 as per required

I prescribed,

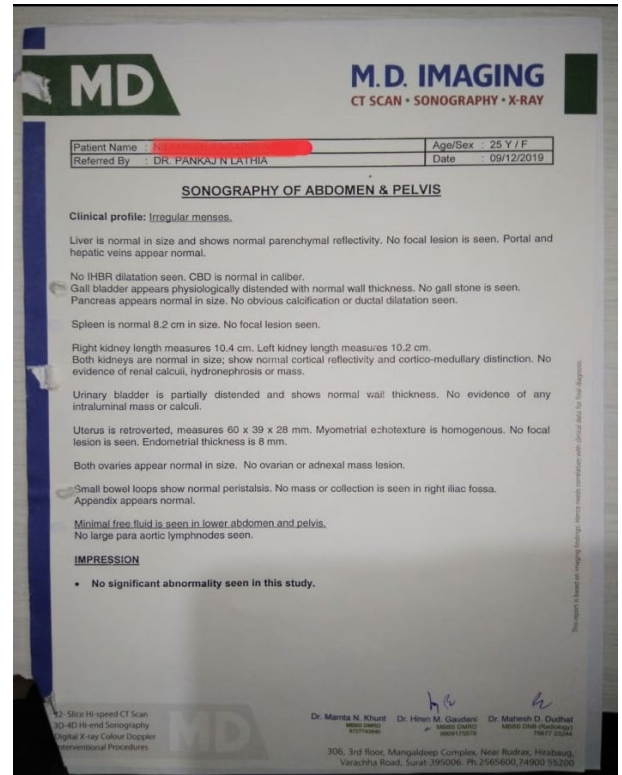
Nat. phos 30 × BD × 3 days >>>

Nat. phos 200 × 3 doses × 15 days >>>

Till Last Sonography – WNL



Before



After

PCOD Case

Preliminary Data

Name:-XYZ

Sex;-female

Education; - Bsc (FY)

Age:-18 years

Occupation;student



Dr. Shradha Dholiya
M.D. (Hom),
Assistant Professor,
Dept of Organon of Medicine

Chief Complaints;-

18 years old female patient presenting with complaints of irregular Menses since last one years. Menses was delayed about 20 days every time since last one year. Flow is very profuse bright red colour for 2 days, than moderate flow for next 2 days. Severe dysmenorrhoea during first 2 days of menses. Patient has taken allopathic medicine for it bu significantly improved.

PAST HISTORY;-

History of pneumonia at the age of 10 years.

FAMILY HISTORY;-

Father;- K/C/O DM

Mother;- K/C/O Asthma

H/O RADIOLOGICAL INVESTGATION;-

USG done before 6 month S/O Mild changes of PCOD

PHYSICAL GENERALS

Appetite;-adequete

Thirst; - thirst for cold water at frequent interval
 Desire – ice cream +++
 Aversion – N.S.
 Stool; - bowel open regularly /once a day
 Urine; - occasionally history of burning micturition
 Perspiration; - more on back
 Thermal; - chilly
 Sleep; - sound

MENTALS;-

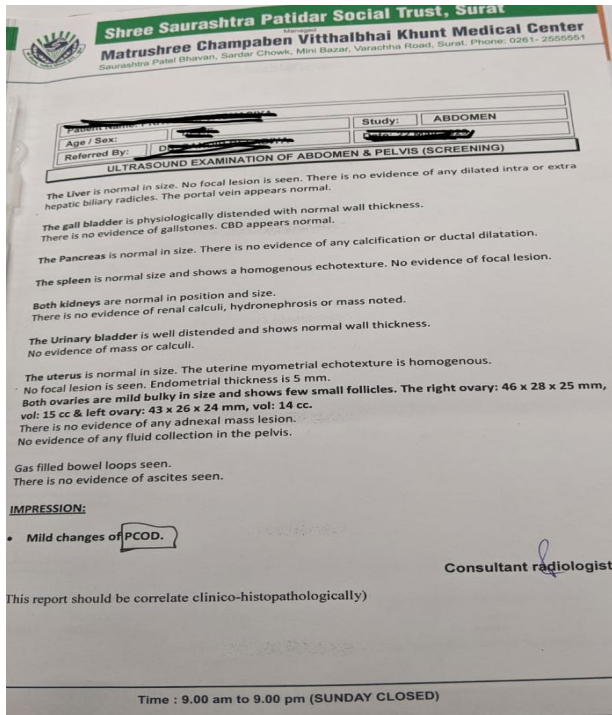
Extrovert+++
 Sympathetic++
 Sensitive++
 Anxiety for suffering of others
 Desire for magnetism

TOTALITY OF SYMPTOMS

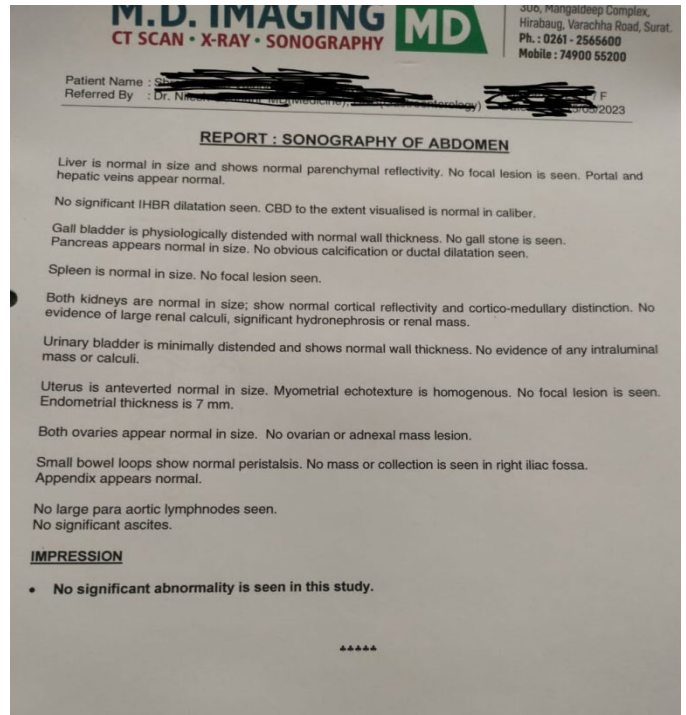
Menses –flow –profuse bright red
 Menses irregular-delayed
 Desire for ice cream +++
 Thirst for cold water at frequent interval
 Extrovert+++
 Sympathetic++
 Sensitive++
 Anxiety for suffering of others
 Desire for magnetism
 Chilly

**SELECTION OF MEDICINE; - PHOSPHORUS 200
 SINGLE DOSE FOLLOW UP;-**

DATE	REMARKS	PRESCRIPTION
30/5/2023	LMP -15/4/2023 Flow for 2 days only	Rx :-1) phosphorus 200 single dose 2)S.L. 4 pills TDS for one month
2/6/2023	LMP 5/5/2023 Flow for 5 days No dysmenorrhoea Moderate flow	Rx :-S.L. 4 Pills TDS for 1 month
3/7/2023	LMP 9/6/2023 Flow for 4 days mild dysmenorrhoea Moderate flow	Rx :-1) phosphorus 200 single dose 2)S.L. 4 pills TDS for one month
2/8/2023	LMP 7/7/2023 Flow for 5 days No dysmenorrhoea Moderate flow	Rx :-S.L. 4 Pills TDS for 1 month
2/9/2023	LMP 7/8/2023 Flow for 5 days No dysmenorrhoea Moderate flow	Rx :-S.L. 4 Pills TDS for 1 month



Before



After

PCOS Therapeutics

1. Lycopodium

Suppression of menses from fright, sadness, which develops anorexia nervosa. Amenorrhoea as a result of psycho-omatic trauma. Manifest by morbidly being afraid of something. Marked anorexia losses weight, extreme emaciation result into amenorrhoea.

Amenorrhoea may be secondary disease of central nervous system as meningitis, epilepsy etc. Pt. has fainting fit with sour taste; sour education and sour vomiting. Menses are too late, last too long and too profuse. Vagina is dry which make coitus painful. Pain in the region of ovary, specially right sided.

Pt. has dyspepsia due to and fermentation food. PT. desire sweet. Food taste sour, sour eructation.

Mentally pt. is melancholy and afraid to be alone. Apprehensive, weak memory with confuse thought, lose of self confidence.

Modalities:

Agg.: Right side, from right to left, between 4 to 8 PM, heat, in warm room, hot air, warm application.

Ame.:by movements, after midnight, on getting cold, from being uncovered.



Patel Rutika N.
3rd BHMS

2. pulsatilla

Amenorrhoea due to getting feet wet, nervous debility or chlorosis. Faulty gonadal development result into too late, scanty and thick, dark menses. Menarche delayed in chlorotic girls. Epistaxis (vicarious menses).

Pt. has great aversion to fatty food, hot drinks and warm food. Eructation, taste of food remain in mouth for longer time. Changeability of symptoms. Dry mouth without thirst.

Mentally pt. has weeping disposition. Easily discouraged. Very emotional. Wants company. Fear to be alone in evening. Wants sympathy from other. Consolation ameliorate her complaints. Fear of meeting person of opposite sex.

Modalities:

Agg.: heat, rich fatty food, eating, evening, warm room, lying on left or painless side

Ame.: motion, open air, cold applications cold food and drinks, consolation.

3. Natrum Mur.

Menses are suppressed usually due to prolong consumption of excessive salt. It causes profound nutritive changes in the system; like changes in the form of anasarca and also changes in the blood, causing anemia and leukocytosis. These pt. are greatly debilitated and feel profound weakness especially in morning. Menses are suppressed due to severe anemia and debility. There are cutting pain in vaginally fornix.

Pt. may have complaint of pain in back with desire for firm support. Palm are hot and perspiring. Numbness and tingling in the finger. Frothy white coating on tongue, sense of dryness. Mapped tongue.

Pt. is hungry, eats well yet loses flesh. Cutting pain in abdomen. Dry eruption on the skin. Greasy skin.

Pt. mentally frightful angry. Amenorrhoea is due to ill effect of griefs. Pt. is depressed. Consolation agg. the condition. Pt. want to be alone and has great desire to cry.

Modalities:

Agg.: noise, music, in warm room, at 10 AM, mental exertion, heat

Ame.: open air, cold bathing, pressure against back or support to the back

4. Sepia

Amenorrhoea due to relaxed organ. Bearing down sensation, as if everything would escape through vulva, thus must cross her legs to prevent protrusion or has to press against vulva. Violent stitches upwards on vagina, from to umbilicus.

Pt. looks pale, anemic, earthy complexion, yellowish discoloration. Brown patches on the cheeks. Yellow face or 'tell-tale'. Chronic catarrhal condition nose. There is nausea and milky vomiting. Has to strain great, for stools. Constant urging for urination. Urine is milky. Burning pain during urination.

Pt. is hysterical and indifferent has no more affection for whom she loved best. Can't narrate her complaints without weeping. Sad and gentle at a moment but becomes excitable and obstinate in next moment. Consolation agg. Her complaint.

Modalities:

Agg.: from getting feet wet, after washing, laundry work, damp wet weather, in evening.

Ame.: movements, hard pressure, warmth, after sleep.

5. Cimicifuga

Amenorrhoea due to ovarian disorder, such as polycystic ovarian disease; Obesity and hirsutism. Amenorrhoea may also be due to congenital adrenal hyperplasia which shows precocious virilism. There is irritation in ovaries due to ovarian disorder. Pain in the ovarian region, shoots upwards and downwards, on anterior side of thigh. Ovarian neuralgia.

Patient complaint of sinking in epigastrium with nausea and vomiting. Asthenopia associated with pelvic trouble. Shooting pain in eye; photo phobia. Spine is very sensitive, stiffness of back.

Mentally she is disturbed with sensation as if could has enveloped her head. Great depression with dreams of impending evils. Vision of rats. Mania following disappearance of neuralgia. Hysterical women in puerperal mania where there is psychological amenorrhoea.

Modalities :

Agg.: morning, cold.

Ame.: warmth, after eating.

Reference: Dr. Shrikant Kulkarni, Therapeutics of Gynecology & Obstetric.

Seminar

On the occasion of Birth anniversary of Late Dr. Markand Bhatt

On the occasion of Birth anniversary of Late Dr. Markand Bhatt sir, C. N. Kothari Homeopathic Medical College Conducted a Seminar in association with HMAI Vyara unit. Speaker of the Seminar was Dr. Heena Rawal & the topic was "Miasmatic Analysis & its Clinical Implication". The seminar was attended by 3rd & 4th BHMS students & teaching Staff. It was a valuable seminar on basic understanding of Miasm presented with few cases. The Seminar was arranged by Seminar Committee headed by Dr. J. J. Jain under the guidance of Principal Dr. Jyoti Rao madam.



Anti Ragging Week

C. N. Kothari Homoeopathic Medical College & Research centre Vyara celebrated "Anti Ragging Week" from 12/08/2023 to 18/08/2023 under the guidance of Veer Narmad South Gujarat University, Surat. In Which college organize poster Making Competition on the subject of "Anti Ragging" in which the students participated enthusiastically and participating students were felicitated with prizes.

1st Prize	:	501/- (1) Shah Unnati 1st BHMS (2) Gurjar Yash 1st BHMS
2nd Prize	:	301/- (1) Kalsariya Kinjal 2nd BHMS
3rd Prize	:	201/- (1) Patel Khushi 2nd BHMS (2) Bhayani Drashti 2nd BHMS

Whole activity was co-ordinated by Activity Committee Head Dr.Swapnil Khengar & team under the guidance of Principal Dr. Jyoti Rao.

Teacher's day

C. N Kothari Homoeopathic Medical College and Research Centre, Vyara celebrated Teacher's day on 5th September 2023. Students of the fourth BHMS participated as a teacher with great enthusiasm and played their best role as a teacher. All the teachers of Teachers day were judged by Teaching Faculties and following teachers were awarded with 1st & 2nd prizes.

First BHMS	1st Prize	– Shubhanginee Chauhan
	2nd Prize	– Princy Vaghasiya
Second BHMS	1st Prize	– Nisha Zinzala
	2nd Prize	– Hiteshi Patel
Third BHMS	1st Prize	– Ronit Kachchhi
	2nd Prize	– Laeeba Shaikh
Fourth BHMS	1st Prize	– Dhruvi Solanki
	2nd Prize	– Janvi Fulwala

All teachers of Teacher's Day were awarded with certificates, flower and pen. On this occasion all the teaching faculties were felicitated with flowers and Gift. The whole program was coordinated by Dr. Swapnil Khengar and his team under the guidance of Principal Dr. Jyoti Rao. All dispersed after having delicious Lunch.



Janmashtami Utsav. Celebration

On Date 06/09/2023, C. N. Kothari Homoeopathic Medical College & Research Centre, Vyara celebrated Janmashtami Utsav. Celebration was begun with Krishna Pooja & Aarti followed by Garba and then a group of Girls & Boys Participated in "Matkifod". They were heading towards matki with 'Jaygosh' with full excitement & enthusiasm. The atmosphere was filled with spiritual feeling. 'Matkifod' was followed by Prasad distribution.

Event was successfully handled by Dr. Swapnil S. Khengar & team of Activity Committee under the guidance of Principal Dr. Jyoti Rao.



Angdaan Sankalp Divas Date: 11/09/2023

C. N. Kothari Homeopathic Medical College and Research Center Vyara. Celebrated "Angdaan Sankalp Divas" by taking pledge of "Angdaan", under the direction of Veer Narmad South Gujarat University and Angdaan Charitable Trust who celebrated "Angdaan Jagruti Pakhawadiya" on occasion of Birthday of Honourable Prime Minister Shri. Narendra Modi. In this events the Pledge "Angdaan" taken by students & teaching staff of the College and filled form for same, and sent to District Coordinator of Tapi District.

Whole program was coordinated by Dr.Swapnil Khengar and team of Activity Committee under the successful guidance of Principal Dr. (Mrs) Jyoti R.Rao.



An awareness programme of "ગુજરાત સરકારની આગવી પહેલ અભયમ મહિલા હેલ્પલાઇન"

C. N. Kothari Homoeopathic Medical College & Research Centre, Vyara arranged an awareness programme of "ગુજરાત સરકારની આગવી પહેલ અભયમ મહિલા હેલ્પલાઇન" for the girls students of the college on 14/09/2023. In this event Mrs. Daminiben Gamit, Counsellor 181 from Vyara and Mrs. Sangitaben Prajapati, Woman Assistant Police Sub Inspector from Mahila Police Station, Vyara remained present and delivered an informative speech, important guidelines, advises on Mahila Helpline.

The whole program was coordinated by Dr. Swapnil Khengar and his team under the guidance of Principal Dr.(Mrs)Jyoti R. Rao.



Ganesh Utsav

C. N. Kothari Homoeopathic Medical College & Research Centre, Vyara had organized "Ganesh Utsav - 2023" from 19/09/2023 to 23/09/2023. Students and staff members of Institute established an "Eco-friendly" idol of Lord Ganesha. Everyday Aarati of God Ganesha was done in morning and evening by all year students and faculty members.

On 22/09/23 arrangement of "Maha Aarti" and "56 Bhog" offered to lord Ganesha in presence of Donor Mrs. Ramaben Harshadbhai Shah and Mr. Kaushangbhai Jagdishchandra Shah and his family with other Trustee members. On Last day 23/09/2023 of Ganesh Utsav there was arrangement of "Satyanarayan Katha".

After that immersion was done in spiritual atmosphere with DJ & Dhol. These whole programme was conducted by Students of Ganesh Committee & Activity Committee Head Dr. Swapnil S. Khengar and team under guidance of Principal Dr. Jyoti Rao.



On occasion of the death anniversary of Late Shree Jagdishbhai Chandulal Shah (Kachwala) Kalidas Hospital Health check-up programme

On occasion of the death anniversary of late shree Jagdish Bhai chandulal shah (Kachwala) Kalidas hospital affiliated to C. N. Kothari Homeopathic medical College and Research institute, vyara organized free Health checkup program of Tadkuva Primary school students at Kalidas hospital vyara on 20th Sep 2023 to 22nd Sep 2023 between 9:45 am to 12 :00pm. Vyara Taluka MLA Shree Mohanbhai Kokani, shree Keyur Bhai Shah, shree Rakeshbhai Shah, shree Kaushagbhai Shah,Ramaben Shah Dr.Ajaybhai desai, college principal Dr. Jyoti Rao opened the program by lighting the lamp.The hemoglobin and blood group of the students were checked in the health checkup program. Also, School students visited different departments of the hospital. At the end biscuits were distributed to school students during the health check-up programme.

The Health check up conducted by Dr. Bhavin Modi, Dr. Swapnil khengar and Dr. Vaishali chaudhari with the help of Internees and students. The whole health checkup program is done under the guidance of College Principal Dr. Jyoti Rao and organised by Dr. Vaishali chaudhari, head of the camp committee and her team.



Awareness Programme on POCSO

C. N. Kothari Homeopathic Medical College and Research Centre, Vyara has arranged Awareness Programme on Protection Of Children From Sexual Offences (POCSO) for the students of 1st year BHMS on date 27/9/23 at college auditorium. In which the Chief Guest was Hemlataben Pandit Madam- Senior Civil Judge and Additional Chief Judicial Magistrate, Dr. M. A. Multani - Women and Child Development Officer and her team gave the information about "Awareness of POCSO".

Anchoring of the programme was done by Dr Dhruni Gavli and Vote of thanks given by Dr. Swapnil Khengar. The programme ended with terminated by National Anthem.

All the programme was successfully completed by Dr. S. S. Khengar and his team of Activity Committee under the successful guidance of Principal Dr. (Mrs.) Jyoti Rao.



Swachchhata Hi Seva

C. N. Kothari Homeopathic Medical College and Research Center, Vyara Celebrated "Swachchhata Hi Seva" Campaign Under Guidance of National Commission for Homoeopathy, New Delhi & Veer Narmad South Gujarat University, Surat on occasion of "Gandhi Jayanti". Theme: "એક તારીખ એક ઘંટા" on 01/10/2023 (10.00am to 11.00am).

Our College Student and Tadkuva People are participated in this activity Cleanliness drive within and surrounding area of Tadkuva Bus Stop. College also organize tree plantation on this occasion.

The entire Programme was conducted by Dr. Swapnil Khengar and team of Activity Committee under the successful guidance of Principal Dr. (Mrs.) Jyoti Rao.



Orientation Programme

C. N. Kothari Homoeopathic Medical College & Research Centre, Vyara arranged Orientation Programme for 1st BHMS students on 26/10/2023. All new students with their parents were attended the event. Principal Dr. Jyoti Rao delivered welcome speech after Sarasvati Vandana and deep pragatya. Dr. Ajay Desai briefed overall activities of the trust. Dr. Bhavin Modi introduced college & academic curriculum. Dr. Ghanshyam Raval delivered motivational speech. Dr. Swapnil Khengar offered vote of thanks. The event was anchored by Dr. Dhruni Gavli.

College arranged Tea and Lunch for all students, their parents and staff members.

The whole event was Co-ordinated by Dr. Swapnil Khengar & Activity Committee under the guidance of Principal Dr. Jyoti R. Rao.



Foundation Programme

Topics

1. Welcome & Introduction to Vision/Mission of the Institute
2. BHMS Course study & Introduction of faculty
3. Mission & Role of homoeopathy & homoeopath
4. National health priorities & policies
5. Visit to institution/campus/facilities



Topics

1. Basic life support
2. Mission & Role of homoeopathy & homoeopath
3. Ragging policy



Topics

1. Health Care System & Delivery/Visit to PHC/UHC
2. Computer skill
3. Language skill



Topics

1. Health Care System & Delivery/Visit to PHC/UHC
2. Computer skill
3. Language skill



Topics

1. Team working
2. Concept of holistic & positive health
Importance of mental health & hygiene/Stress management/Importance of sports and extra curricular activities



Topics

1. Communication skill
2. Concept & practice of mentoring
3. Medical ethics Role Play



Topics

1. Concept & practice of mentoring
2. Constitution values
3. Gender equality & sensitization
4. Communication skill



Topics

1. Importance of observation & documentation in homoeopathic practice.
2. Importance of mental health & hygiene to a medical students in the medical profession.
3. Stress management including importance of sports & extra curricular activities.



Topics

1. Adult learning principles
2. Time management



Topics

1. History of medicine & homoeopathy & State of homoeopathy in world
2. Different healthcare system recognized in the country & the concept of pluralistic health care system
3. Debate competition on "Who is professional?"
4. Patient safety biomedical hazards



Essay writing competition

C. N. Kothari Homoeopathic Medical College and Research Centre, Vyara, District Tapi is conduct a essay competition on the theme "SAY TO NO CORRUPTION; COMMIT TO THE NATION" as per the direction of Regional E.P.F. Commissioner, Region Office, Surat on Saturday, 04/11/2023, under the celebration of the vigilance awareness week from 30th October, 2023 to 5th November, 2023 to inculcate the value of transparency, equity and fairness in public administration and all the stake holders are encourage to prevent and combat corruption.

In this Competition 21 nos. students of our college were enthusiastically participated in essay competition. Dr. Bhavin Modi, Dr. Swapnil Khengar, Dr. Dhruni Gavli were judges of the competition. Winners were awarded with Certificates & Winning prizes. All participants were also given certificate of participation. Above competition was conducted and handled by activity committee team under the guidance of Dr. Jyoti R. Rao, Principal.

- | | |
|------------------------------------------|------------|
| 1st Winner - Ahire Jignyasa Dineshbhai | - 3rd BHMS |
| 2nd Winner - Mangukiya Charmi Pareshbhai | - 2nd BHMS |
| 3rd Winner - Aditi Rathod | - 1st BHMS |



Days Celebration Week

C. N. Kothari Homoeopathic Medical College & Research Centre, Vyara celebrated “**DAYS CELEBRATION WEEK**” from 11/12/2023 to 16/12/2023 in which various days like Bollywood Character day, Regional Day, Signature Day / Funfair Day, Twins Day, Suit & Saree day, Theme Day, Garba day etc. were celebrated by students as well as Teaching & Non- Teaching Staff who participated enthusiastically. The main attraction of the celebration was Fun fair & Garba day where Students & Staff took part very actively. All these activities were successfully organized by Activity Committee under the guidance of Principal Dr. (Mrs.) Jyoti Rao.



Poster Making Competition On occasion of Birth Anniversary of Late. Dr. Markand Bhatt

C. N. Kothari Homoeopathic Medical College & Research Centre, Vyara, Homoeopathic Materia Medica Department & HMAI Vyara Unit has organised a Poster Making Competition on the Birth Anniversary of Late. Dr. Markand Bhatt. Students made different poster based on Homoeopathic Drug Personality. Dr. P. R. Patel, Dr. J. J. Jain & Dr. S. S. Khengar were Judges of the Competition. Winners were awarded with Certificates & Winning Prizes. All participants were also given certificate of participation. Event was successfully handled by Homoeopathic Materia Medica Department under the guidance of Principal Dr. Jyoti Rao.

1st - Winner - Chitrangi Patel 4thBHMS Rs. 3001/-

2nd - Winner - Jaiseel Makwana 2nd BHMS Rs. 2001/-

3rd - Winner - Nikhilesh Nabde 3rdBHMS Rs. 1001/-

2 Consolation Prizes from HMAI Vyara Unit

1st Consolation Prizes - Tanvi Ghadiya 1st BHMS Rs. 501/-

2nd Consolation Prizes - Kinjal Kalsariya 2nd BHMS Rs. 501/-



Homeopathic camp

Kalidas hospital affiliated to C. N. Kothari Homeopathic medical College and research institute, vyara organized free Homeopathic camp at Indu milk dairy, PHC Centre, Katasvan, Rampura, Khushalpura on 3rd Dec 2023, 10th Dec 2023, 17th Dec 2023, 24th Dec 2023 and 31st Dec 2023 between 10:00 am to 1:00 pm. Dudh dairy pramukh Gamansinh C. Gamit, PHC staff, Village sarpanch Mr. Chetanbhai A. Chaudhari, Village sarpanch Mr. Jagubhai Bhikhubhai Gamit and Dudhdairy member Shri Jambubhai chaudhari opened the camp for the village people by lighting the lamp.

The Camp was conducted by Dr. Dilpa Parmar with the help of Internees. The whole program is done under the guidance of College Principal Dr. Jyoti Rao and organised by Dr. Vaishali Chaudhari, head of the camp committee and her team.



Field visit

Dept. of Community Medicine of College arranged field visit for 4th BHMS Students

Dept. of Community Medicine of College arranged field visit for 4th BHMS Students as a part of curriculum designed by National Commission for Homoeopathy, New Delhi at

- (1) Water works, Vyara on 06/11/2023 &
- (2) Urban Primary Health Center, Vyara on 08/11/2023

Field visits successfully arranged by efforts of Dr. Pankaj Lathiya & his team under guidance of Principal Madam.



Achievement

Miss. Hiteshi Patel 4th year BHMS student of C. N. Kothari Homeopathic Medical College and Research Center, Vyara, passionately participated in A 'Prakruti savdhan' inter-college elocution competition on Environment at Amroli College Surat, on 19/8/23 Saturday.

She spoke on the topic of "Importance of sustainable development for future generation" with the aim to compel the people of our Society Towards this affordable Solution. And Secured 2nd Rank in this contest and got the appreciation prize.

She expressed her gratitude to her college for providing such opportunity as well as feeling overwhelm enthusiasm to represent college for the same.



Miss. Sheily Vipul Shah, 3rd BHMS student of C. N. Kothari Homeopathic Medical College and Research Center, Vyara participated in swimming tournament organized by VNSGU, Surat at Naranlala College of Commerce and Management at Navsari, on 08/09/23 Friday. She took part in three events i.e 50m free style, 50m back stroke and 100m free style. She stood 3rd in 50m backstroke.

She extended her gratefulness for the college for providing her such opportunity as well as platform through to stand out for extra-curricular activities and she got an opportunity to represent the college at state level tournament.

She thanked Principal mam for the support & motivation.



Miss Chitrangi Dharmesh Patel, Students of 4th BHMS of C.N.K.M.C &R.C Vyara had participated in Inter College Taekwondo tournament organized by VNSGU, Surat at Jayendrapuri Arts & Science College, Bharauach on 24th October 2023. She stood 2nd in that competition.

She expressed her gratefulness towards all her professors and college for always helping and providing such opportunity as well as platform through which she stand out for extra-curricular activities and she got an opportunity to represent college at inter college taekwondo competition. In which she won and got silver medal.

She thanked Principal mam for the support & motivation.



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